

RECREATION Activity Guide

Winter | Spring 2025




Family Fun

Check out all the family-friendly events & programs in Lakeshore!

 519-728-2700

 [Lakeshore.ca](https://www.lakeshore.ca)

 RecInfo@Lakeshore.ca

 @LakeshoreON
@LakeshoreRec

 @TweetLakeshore
@LakeshoreRec

   @MunicipalityOfLakeshore
@LakeshoreRecreation



OUR COMMUNITIES. OUR HOME.

Together We Are Lakeshore | Lakeshore.ca

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Drop-In Activities

Join us for a wide range of drop-in activities, including:



- Fitness Programs
- Sports and Gym Time
- Open Pool Sessions
- Open Ice Rink Sessions

Check out the most up-to-date activity schedules online by scanning the QR Code, visiting Lakeshore.ca/DropIn, or by calling 519-728-2700

Mayor's Message: Happy holidays and a look ahead to 2025



Tracey Bailey
Municipality of Lakeshore Mayor

On behalf of Council and everyone in Lakeshore, we hope your holidays are filled with warmth, love, and cherished memories.

In Lakeshore, there's no slowing down in the lead up to the holidays! We have an action-packed schedule of tree lighting events, holiday parties for local charities and non-profits, as well as the always popular Winter Kick-off at the Atlas Tube Recreation Centre on December 21. You and your family can even ring in the New Year with us at the ATRC Fireworks on December 31!

These events are a reminder of the importance of spending time with family, friends, and loved ones, as well as what it means to be part of a community. It is our positive actions, the helping hands, and the acts of kindness, that can contribute to making others feel welcome in Lakeshore.

I hope you enjoy your holidays and take a moment to carry that Christmas cheer into the New Year and beyond.

TOGETHER WE ARE

Lakeshore

A handwritten signature in blue ink that reads "T. Bailey". The signature is fluid and cursive.

Mayor Tracey Bailey

Lakeshore By-law Reminders:

Following these guidelines will help avoid any penalties and support the collective effort to maintain a pleasant and orderly community environment. We appreciate your cooperation in keeping Lakeshore a safe and beautiful place to live!

Dogs Must Remain on Leash

All dogs are to remain on leash at all times in Lakeshore parks, unless while in an off-leash dog park in accordance with By-law 27-2022.

Lakeshore's By-law Compliance team are routinely visiting local parks to educate and remind dog owners about the by-law and, when necessary, enforce it with associated penalties. Learn more and read the entire by-law online at [Lakeshore.ca/Bylaws](https://lakeshore.ca/Bylaws)

Winter Snow Standards

Every owner must remove snow and ice from the sidewalks adjacent to their property within 8 hours of accumulation, and without damaging the sidewalk. Failure to do so may result in Lakeshore staff removing it, with it being up to the owner to cover the cost.

Never deposit snow on the roadway, it is an offence under the Highway Traffic Act.

During a snow event, always park vehicles in driveways and off local roads, whenever possible. If vehicles are blocking the roadway, Lakeshore staff may ask for vehicles to be moved.

Keep garbage and recycle bins on your lawn and off the roads. Ensure they are visible from the road.

RV and Trailer Storage Guidelines for Residential Properties

Recreational vehicles and utility trailers may only be stored in rear or side yards. Front yard storage is not allowed in residential zones.

For properties directly on Lake St. Clair, Puce River, Ruscom River, or Belle River, front yard storage is allowed if the lot borders the water.

Each property may store up to two recreational vehicles, two utility trailers, or one of each.

All stored recreational vehicles and trailers must be owned, registered by the occupant or property owner, and kept in working condition.

Recreational vehicles and trailers can be parked in driveways for loading or unloading for up to 14 days each year. Any time over 14 days is considered storage and must follow the side or rear yard storage rules.

If a street separates the lot from the waterfront, recreational vehicles may be stored on the waterfront side of the lot. (Ex: W Belle River Road).

Lakeshore Council | 2024-2026



Mayor
Tracey Bailey
TBailey@Lakeshore.ca
519-728-2700 Ext. 298



Deputy Mayor
Kirk Walstedt
KWalstedt@Lakeshore.ca
519-728-2700 Ext. 218



Ward 1
Ryan McNamara
RMcNamara@Lakeshore.ca
519-728-2700 Ext. 211



Ward 4
John Kerr
JKerr@Lakeshore.ca
519-728-2700 Ext. 214



Ward 2
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MHoffman@Lakeshore.ca
519-728-2700 ext. 212



Ward 5
Ian Ruston
IRuston@Lakeshore.ca
519-728-2700 Ext. 215



Ward 3
Kelsey Santarossa
KSantarossa@Lakeshore.ca
519-728-2700 Ext. 213



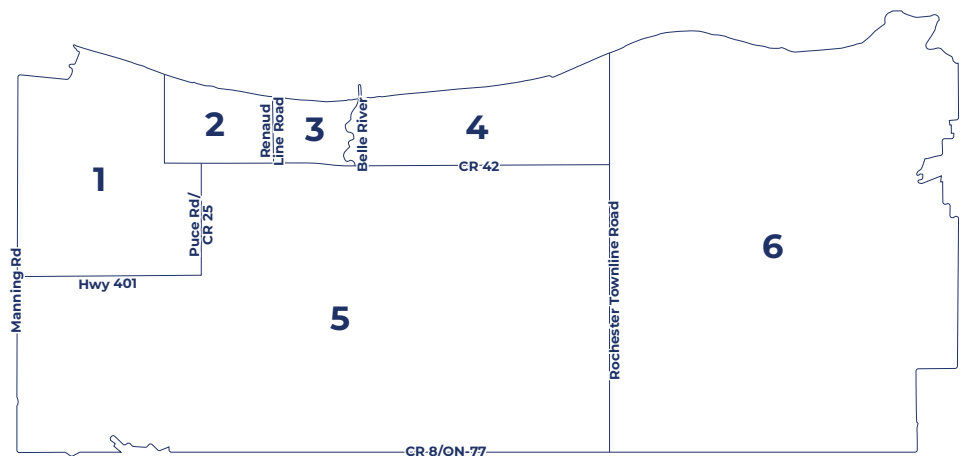
Ward 6
Larissa Vogler
LVogler@Lakeshore.ca
519-728-2700 Ext. 216

Connect With Council

To find a schedule of upcoming Council and committee meetings, current and past agendas, minutes and livestreams, scan the QR code below or visit Lakeshore.ca/Council



Lakeshore Ward Map



Parks and Recreation Contacts



**Corporate Leader
- Community Health
and Safety Services**
Frank Jeney
FJeney@Lakeshore.ca

Happy New Year and a look back

In Lakeshore, recreation is for everyone and 2024 was no different. The municipality has continued to proudly invest in the programs and services that residents and visitors of all ages enjoy throughout the year.

We've expanded our recreational programming throughout Lakeshore. Our popular Summer Concert Series featured more shows than ever before. We also expanded our summer camps to Woodslee.

The growth of these programs has contributed to our overall success and we will continue to look for opportunities to provide inclusive programs and reduce barriers so that everyone can enjoy recreation in Lakeshore. However, we can't do it alone and much of our success depends on the members of Team Lakeshore, our dedicated program instructors, as well as you, the participant, who provides important feedback on how we can improve our offerings.

Recreation



**Division Leader
- Recreation**
Terry Symons
TSymons@Lakeshore.ca



**Team Leader
- Recreation**
Jessica Sabolick
JSabolick@Lakeshore.ca

Facilities and Parks



**Division Leader
- Facilities and Parks**
William (Bill) Quinlan
WQuinlan@Lakeshore.ca



**Team Leader
- Parks and Trails**
Beau Blais
BBlais@Lakeshore.ca

Aquatics



**Team Leader
- Aquatics**
George Turnbull
GTurnbull@Lakeshore.ca

Public Service Unit



**Division Leader
- Client Services Delivery**
Jenna Smith
JSmith@Lakeshore.ca

2024/2025 Holiday Facility Closures

Please take note of the following dates in which we will be experiencing **facility closures or changes to regular hours of operation.**

December 24, 2024 – Jan 2, 2025 | (December Holiday)

Municipal offices closed. ATRC reduced hours.

February 17, 2025 | (Family Day)

Municipal offices closed. ATRC reduced hours.

April 18, 2025 | (Good Friday) All facilities closed.

April 20, 2025 | (Easter Sunday) All facilities closed.

April 21, 2025 | (Easter Monday)

Municipal offices closed. ATRC fully operational.

May 19, 2025 | (Victoria Day) All facilities closed.

July 1, 2025 | (Canada Day) All facilities closed.

August 4, 2025 | (Civic Holiday) All facilities closed.

September 1, 2025 | (Labour Day) All facilities closed.

September 30, 2025 | (National Day for Truth & Reconciliation)

Municipal offices closed. ATRC fully operational.

October 13, 2025 | (Thanksgiving) All facilities closed.

November 11, 2025 | (Remembrance Day)

Municipal offices closed. ATRC fully operational.



For more information, call **519-728-2700** or visit Lakeshore.ca/Closures.
The above facility closures are subject to change.

Lakeshore Minor Sports Contacts



**Belle River District
Minor Hockey**
president@brdmha.com
brdmha.com



**Skate Lakeshore
Synchronized Skating**
519-727-6919
skatelakeshore.com



Belle River Soccer
belleriversoccerinfo@gmail.com
belleriversoccer.com



**Stoney Point
Soccer Club**
stonepointsoccer@gmail.com
stonepointsoccer.com



Comber Minor Baseball
comberminorball@hotmail.com
Comber Minor Baseball (Facebook)



**St. Joachim Athletic
Association**
sjaaemail@gmail.com
SJAA Baseball and Soccer (Facebook)



**Lakeshore Lightning
Girls Hockey**
president@lakeshorelightning.com
lakeshorelightning.com



**Woodslee Baseball
Association**
woodsleebaseballassociation
@outlook.com



Lakeshore Minor Baseball
lakeshoreminorbaseball.ca
Lakeshore Minor Baseball (Facebook)



**Skate Lakeshore
Skating Club**
519-727-6919
skatelakeshore.com



Want to see your minor sport organization or group listed in upcoming Activity Guides?

Email your organizations name, logo, email address, and website to RecInfo@Lakeshore.ca to be included.



Program Registration Dates

Winter 2025 (11 Weeks) | All Programs

January 6 – March 30

Registration begins Wednesday, December 4, at 9:00 AM

Spring 2025 (11 Weeks) | All Programs

March 31 – June 15

Registration begins Wednesday, March 5, at 9:00 AM



To register, **scan the QR code**, visit Lakeshore.ca/Recreation, call **519-728-2700** or visit the **Atlas Tube Recreation Centre customer service desk**.

Payment is required at the time of registration. Registration is on a first come, first served basis. Programs fill up quickly. No registrations or class transfers will be accepted after the third class.

Upcoming Spring Program Registration

- Wednesday, March 5 at 9:00 AM

Upcoming Summer Camp Registration

- Wednesday, April 9 at 9:00 AM

Upcoming Summer Program Registration

- Wednesday, June 4 at 9:00 AM

Program Registration Information

- Registration options include in-person at the **Atlas Tube Recreation Centre customer service desk**, online at **Lakeshore.ca/Recreation** and by phone **519-728-2700**.
- Registration is first come, first served. Programs fill up quickly!
- Program fees have already been prorated to take into consideration classes that fall on statutory holidays or for special event rentals.
- If you cannot be accommodated in any of your selections, you can request to be placed on a waiting list. Participants cannot be registered in one class and on a waiting list for another class. Individuals will only be contacted if a space becomes available, or if a new class has been added.
- **No registrations or class transfers will be accepted after the third class. No credits or make up classes are available for missed classes. Programs will not be overbooked; make sure you are ready to register at the day and time of registration.**
- Classes will be cancelled before the program start date if we do not meet our minimum registration numbers. Please register for all programs prior to the first day of classes.
- If Lakeshore cancels your class, a refund will be issued.
- If you withdraw from a class, you will be offered a credit/refund minus the cost of the classes attended, and the administration fee.
- **A \$40.00 Administration Fee will be charged for all refunds. No credit or make up classes for missed classes. (Fee may change due to approved schedule of fees.)**
- Should any of Lakeshore Recreation's programs be cancelled due to extreme weather conditions or other circumstances, class members will be notified by phone and the class cancellation will be posted to social media. (Refunds issued.)
- If three (3) or more members of the same household register in programs or the same person registers in 3 or more programs in the same session, a 10% discount will be applied to most programs.
- Income tax receipts can be found on your online account, by calling our Public Service team at **519-728-2700** or by emailing **RecInfo@Lakeshore.ca**
- Consult your doctor before starting any exercise programs—please be aware that there are always risks associated with any physical activity. Before you begin any fitness program, it is always best to check with your doctor.
- For any concerns related to Lakeshore Recreation programs, scheduling, or registration, please call **519-728-2700** or email **RecInfo@Lakeshore.ca**

How To Register Online

The most efficient way to register for programs is online.

First Time Registering for Programs?

You will first need to create an account. To create an account with us, please call 519-728-2700 or stop by our customer service desk.

Logging into your Account

The username is the email associated with your account and the password you have created. If you do not remember your password, or it is the first time you are logging in, you will click “forgot your password” and create your new password.

Finding Programs

You can search for programs by the name of the program, age, or category.

Tips and Tricks for Registration Day

Prior to registration opening, search for the programs you are interested in, and add them to your wish list by clicking on the heart next to the program. Please note, adding to your wish list does not guarantee your registration spot is reserved.

Registration Day

Log into your account, go to your wish list, wait for the registration to open, click enroll now, select the participant you are enrolling, and then repeat for all wish listed items. Once all programs have been added to your cart, you can click on My Cart and check out by completing the transaction with an online payment.



We Want to Hear Your Housing Needs

We need your help to identify housing needs throughout Lakeshore! If you work or live in Lakeshore, please respond to our housing needs survey which will be available online until February 2025.



Learn more about the project and share your experiences with housing at Lakeshore.ca/HousingSurvey

Recreation Assistance Program

Recreation Assistance Program (Formerly known as P2P) allows 90% of the registration fee for recreation, leisure, social, and educational programs to be covered for eligible participants through a subsidy funding program.

Criteria to qualify for this program:

- Only Lakeshore residents are eligible to apply.
- Funds are based on size of family and net income levels.
- Funds are a first come, first served basis and are limited.
- Only approved programs are eligible for coverage.
- Must apply yearly to qualify for funding.

Annual amount per person is established by the Municipality of Lakeshore.

To apply, you must provide:

Proof of the current year's Canada Child Tax Benefit (CCTB) and Notice of Assessment through Revenue Canada that includes eligible children/ages, and a parent/guardians government issued photo ID.

An application must be submitted to Lakeshore Recreation Services with the above documents no later than two weeks before the start date of the recreation program registration date.

Approval from Recreation Services MUST be provided to any organization before registration.



For more information, call **519-728-2700**, email **RecInfo@Lakeshore.ca**, or visit **Lakeshore.ca/P2P** by scanning the QR code.



RECREATION ASSISTANCE PROGRAM

For more information contact your local municipal recreation office or visit pathwaytopotential.ca



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County of Essex WINDSOR

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Preschool Activities (Non-Aquatic)

Parent & Tot (2-3 Years) and Preschool Programs (3-4 Years)

Note: Participant must be the age indicated on each program as of the first day of class.

For program prices visit Lakeshore.ca/Recreation or call 519-728-2700
 Winter 2025 Jan 6 - Mar 30 | Spring 2025 Mar 31 - June 15

Dance Fusion - 3-4 years

An introduction to dance that includes Tap, Jazz, Ballet, and Hip Hop. Children review basic skills including coordination, structure, various movements, and choreographic routines.

Location: Atlas Tube Recreation Centre

Winter 2025	Tuesday	Jan 7 - Mar 25	5:00 PM - 5:50 PM	20395
	Saturday	Jan 11 - Mar 29	9:00 AM - 9:50 AM	20394
	Saturday	Jan 11- Mar 29	10:00 AM - 10:50 AM	20392
Spring 2025	Tuesday	Apr 1 - Jun 10	5:00 PM - 5:50 PM	20505
	Saturday	Apr 5 - Jun 14	9:00 AM - 9:50 AM	20535
	Saturday	Apr 5 - Jun 14	10:00 AM - 10:50 AM	20537

Parent & Tot Gymnastics - 2-3 years (1 parent on the floor per child)

An introduction to gymnastics; basic recreational gymnastics will be taught. Equipment includes bars, vault, balance beam, and floor. Comfortable clothing should be worn; please no dresses or dance outfits that would restrict movement to the child or access to certain movements. Children should be barefoot when entering the Gymnastics area as well as long hair must be up for safety reasons.

Location: Atlas Tube Recreation Centre

Winter 2025	Saturday	Jan 11 - Mar 29	8:45 AM - 9:30 AM	20411
Spring 2025	Saturday	Apr 5 - Jun 14	8:45 AM - 9:30 AM	20534

Parent & Tot Yoga - 2 years

Parent & Tot Yoga explores yoga poses mindfully and peacefully, while focusing on fine motor skills & body awareness with physical and sensory exploration while parent to child bonding takes place. Only the child needs to be registered. One child per adult. Location: Atlas Tube Recreation Centre

Winter 2025	Tuesday	Jan 7 - Mar 25	9:00 AM - 9:30 AM	20413
Spring 2025	Tuesday	Apr 1 - Jun 10	9:00 AM - 9:30 AM	20502

Parent & Tot Yoga - 3-4 years

Parent & Tot Yoga explores yoga poses mindfully and peacefully, while focusing on fine motor skills & body awareness with physical and sensory exploration while parent to child bonding takes place. Only the child needs to be registered. One child per adult. **Location: Atlas Tube Recreation Centre**

Winter 2025	Tuesday	Jan 7 - Mar 25	9:30 AM - 10:15 AM	20412
Spring 2025	Tuesday	Apr 1 - Jun 10	9:30 AM - 10:15 AM	20503

Preschool Art - 3-4 years

Explore your child's talents through hand painting, pasting, cutting, colouring, and other fun sensory materials to enhance creativity. **Location: Atlas Tube Recreation Centre**

Winter 2025	Monday	Jan 6 - Mar 24	5:00 PM - 5:50 PM	20415
Spring 2025	Monday	Mar 31 - Jun 9	5:00 PM - 5:50 PM	20491

Preschool Gymnastics - 3-4 years

An introduction to gymnastics; basic recreational gymnastics will be taught. Equipment includes bars, vault, balance beam, and floor. Comfortable clothing should be worn; please no dresses or dance outfits that would restrict movement to the child or access to certain movements. Children should be barefoot when entering the Gymnastics area as well as long hair must be up for safety reasons. **Location: Atlas Tube Recreation Centre**

Winter 2025	Friday	Jan 10 - Mar 28	4:15 PM - 5:00 PM	20416
	Saturday	Jan 11 - Mar 29	9:30 AM - 10:15 AM	20418
	Saturday	Jan 11 - Mar 29	10:15 AM - 11:00 AM	20417
Spring 2025	Friday	Apr 4 - Jun 13	4:15 PM - 5:00 PM	20530
	Saturday	Apr 5 - Jun 14	9:30 AM - 10:15 AM	20536
	Saturday	Apr 5 - Jun 14	10:15 AM - 11:00 AM	20538

Preschool STEM - 3-4 years

Integrating science, technology, engineering and mathematics, children will investigate and engineer problems to solutions and construct evidence-based explanations of real world ideas. **Location: Atlas Tube Recreation Centre**

Winter 2025	Wednesday	Jan 8 - Mar 26	5:00 PM - 5:50 PM	20419
Spring 2025	Wednesday	Apr 2 - Jun 11	5:00 PM - 5:50 PM	20517



Family Day Celebrations

Atlas Tube Recreation Centre
February 17, 2025

Recreational Swim

8:30 AM - 9:30 AM
10:15 AM - 11:15 AM
12:00 PM - 1:00 PM

Muzzatti Gymnasium

Preschool Play (1-5 years):

9:00 AM - 9:50 AM

Family Basketball:
10:00 AM - 10:50 AM

Pickleball:

11:00 AM - 11:50 AM
12:00 PM - 12:50 PM

Public Skating

9:00 AM - 9:50 AM
10:00 AM - 10:50 AM
11:00 AM - 11:50 AM

Registration opens December 4, 2024 at 9:00 AM.

Call 519-728-2700 or book online at Lakeshore.ca/Recreation
to reserve your spot.



PA Day Camps

PA Day Camps - 4-7 years

A variety of activities including swimming, crafts, outdoor play, large groups, science, and physical activity. Our Day Camp staff are trained with HIGH FIVE QUALITY AT PLAY standards including First Aid/CPR certification. **Location: Atlas Tube Recreation Centre**

Jan 17	7:00 AM - 6:00 PM	21117
Jun 6	7:00 AM - 6:00 PM	21121

PA Day Camps - 8-11 years

A variety of activities including swimming, crafts, outdoor play, large groups, science, and physical activity. Our Day Camp staff are trained with HIGH FIVE QUALITY AT PLAY standards including First Aid/CPR certification. **Location: Atlas Tube Recreation Centre**

Jan 17	7:00 AM - 5:00 PM	21118
Jun 6	7:00 AM - 5:00 PM	21122

March Break Camp

March break camp will be available from March 10 to 14, 2025. Camp runs from 7:00 AM - 6:00 PM.

Our camp is available for ages 4-11 years. We offer a variety of activities including arts/crafts, S.T.E.M, sports, outdoor play, games, swimming and more!

Registration opens December 4, 2024 at 9:00am.



2025 Summer Concert Series:

Our summer concert series will begin in June 2025 throughout our Lakeshore Parks.

Stay tuned for the Summer lineup and locations at Lakeshore.ca/ParksConcertSeries



Youth Activities (Non-Aquatic)

Youth Programs (5-14 Years)

Note: Participant must be the age indicated on each program as of the first day of class.

For program prices visit Lakeshore.ca/Recreation or call 519-728-2700
Winter 2025 Jan 6 - Mar 30 | Spring 2025 Mar 31 - June 15

Dance Fusion - 5-8 years

An introduction to dance that includes Tap, Jazz, Ballet and Hip Hop. Children review basic skills including coordination, structure, various movements, and choreographic routines.

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	5:00 PM - 5:50 PM	20390
	Saturday	Jan 11 - Mar 29	11:00 AM - 11:50 AM	20393
Spring 2025	Monday	Mar 31 - Jun 9	5:00 PM - 5:50 PM	20489
	Saturday	Apr 5 - Jun 14	11:00 AM - 11:50 AM	20539

JR Art - 5-8 years

Explore your natural talents when using paints, pastels and clay. Create works of art through sketching, drawing, painting, and collages. Collect all of your projects for an end of session art exhibit.

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	6:00 PM - 6:50 PM	20400
Spring 2025	Monday	Mar 31 - Jun 9	6:00 PM - 6:50 PM	20494

JR Hip Hop - 5-8 years

This beginner Hip Hop class focuses on coordination through music. Learning the fundamentals of Hip Hop dance gives your child the opportunity to enhance specified dance skills and enhances fitness levels. Location: Atlas Tube Recreation Centre

Winter 2025	Tuesday	Jan 7 - Mar 25	6:00 PM - 6:50 PM	20401
Spring 2025	Tuesday	Apr 1 - Jun 10	6:00 PM - 6:50 PM	20507

JR Sports Mania - 5-8 years

Enjoy a variety of sports games weekly that include a choice of floor hockey, indoor soccer, dodge ball, soccer races, and "sport of choice" week. Location: Atlas Tube Recreation Centre

Spring 2025	Monday	Mar 31 - Jun 9	5:00 PM - 5:50 PM	20490
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JR STEM - 5-8 years

Junior STEM integrates science, technology, engineering and mathematics. Children will investigate, and engineer problems to solutions and construct evidence-based explanations of real world ideas.

Location: Atlas Tube Recreation Centre

Winter 2025	Wednesday	Jan 8 - Mar 26	6:00 PM - 6:50 PM	20403
Spring 2025	Wednesday	Apr 2 - Jun 11	6:00 PM - 6:50 PM	20518

JR Basketball - 5-8 years

Instructional basketball play and skill building in a team environment. Lots of running around, dribbling, shooting and having fun! All skill levels are welcome. Basketballs are provided.

Location: Atlas Tube Recreation Centre

Winter 2025	Tuesday	Jan 7 - Mar 25	6:00 PM - 6:50 PM	20404
Spring 2025	Tuesday	Apr 1 - Jun 10	6:00 PM - 6:50 PM	20508

Junior Gymnastics - 5-6 years

An introduction to gymnastics; basic recreational gymnastics will be taught. Equipment includes bars, vault, balance beam and floor. Comfortable clothing should be worn; please no dresses or dance outfits that would restrict movement to the child or access to certain movements. Children should be barefoot when entering the Gymnastics area as well as long hair must be up for safety reasons.

Location: Atlas Tube Recreation Centre

Winter 2025	Friday	Jan 10 - Mar 28	5:00 PM - 6:00 PM	20405
	Saturday	Jan 11 - Mar 29	11:00 AM - 12:00 PM	20406
Spring 2025	Friday	Apr 4 - Jun 13	5:00 PM - 6:00 PM	20531
	Saturday	Apr 5 - Jun 14	11:00 AM - 12:00 PM	20540

Junior Youth Pickleball - 5-8 years

Participants will discover the excitement of Pickleball, develop essential skills through games, and enjoy a series of fun-filled games. **Location: Atlas Tube Recreation Centre**

Winter 2025	Monday	Jan 6 - Feb 10	5:00 PM - 5:50 PM	20402
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Karate - 6-13 years

Goju-Ryu Karate (GKK) has helped children develop self-confidence plus improve agility and reflexes through positive reinforcement! **Location: Atlas Tube Recreation Centre**

Winter 2025	Wednesday	Jan 8 - Mar 26	6:00 PM - 6:50 PM	20407
Spring 2025	Wednesday	Apr 2 - Jun 11	6:00 PM - 6:50 PM	20519

Classroom Champions - 8-12 years

Classroom Champions empowers children to thrive academically, socially and emotionally. Through the mentorship and mindset of world-class athletes, we improve student engagement, build growth mindsets, and inspire positive classroom culture. **Location: Atlas Tube Recreation Centre**

Winter 2025	Tuesday	Jan 7 - Mar 4	6:00 PM - 7:00 PM	20441
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For program prices visit Lakeshore.ca/Recreation or call 519-728-2700

Winter 2025 Jan 6 - Mar 30 | Spring 2025 Mar 31 - June 15

Dance Fusion - 9-12 years

An introduction to dance that includes Tap, Jazz, Ballet, and Hip Hop. Children review basic skills including coordination, structure, various movements, and choreographic routines.

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	6:00 PM - 6:50 PM	20391
Spring 2025	Monday	Mar 31 - Jun 9	6:00 PM - 6:50 PM	20493

SR Art - 9-12 years

Explore your natural talents when using paints, pastels and clay. Create works of art through sketching, drawing, painting, and collages. Collect all of your projects for an end of session art exhibit.

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	7:00 PM - 7:50 PM	20422
Spring 2025	Monday	Mar 31 - Jun 9	7:00 PM - 7:50 PM	20499

SR Basketball - 9-12 years

Instructional basketball play and skill building in a team environment. Lots of running around, dribbling, shooting and having fun! All skill levels are welcome. Basketballs are provided.

Location: Atlas Tube Recreation Centre

Winter 2025	Tuesday	Jan 7 - Mar 25	7:00 PM - 7:50 PM	20423
Spring 2025	Tuesday	Apr 1 - Jun 10	7:00 PM - 7:50 PM	20510

SR Hip Hop - 9-12 years

This class builds on the fundamentals of Hip Hop as well as expanding dancer's range of movement and understanding of choreography and special sense. A dance recital is planned for the end of the season. **Location: Atlas Tube Recreation Centre**

Winter 2025	Tuesday	Jan 7 - Mar 25	7:00 PM - 7:50 PM	20424
Spring 2025	Tuesday	Apr 1 - Jun 10	7:00 PM - 7:50 PM	20511

SR Sports Mania - 9-12 years

Enjoy a variety of sports games weekly that include a choice of floor hockey, indoor soccer, dodge ball, soccer races, and "sport of choice" week. **Location: Atlas Tube Recreation Centre**

Spring 2025	Monday	Mar 31 - Jun 9	6:00 PM - 6:50 PM	20495
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SR STEM - 9-12 years

Senior STEM integrates science, technology, engineering and mathematics. Children will investigate, and engineer problems to solutions and construct evidence-based explanations of real world ideas.

Location: Atlas Tube Recreation Centre

Winter 2025	Wednesday	Jan 8 - Mar 26	7:00 PM - 7:50 PM	20426
Spring 2025	Wednesday	Apr 2 - Jun 11	7:00 PM - 7:50 PM	20523

Senior Youth Pickleball - 9-13 years

Participants will discover the excitement of Pickleball, develop essential skills through games, and enjoy a series of fun-filled games. **Location: Atlas Tube Recreation Centre**

Winter 2025	Monday	Jan 6 - Mar 24	6:00 PM - 6:50 PM	20425
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Youth Gymnastics - 7-9 years

An introduction to gymnastics; basic recreational gymnastics will be taught. Equipment includes bars, vault, balance beam and floor. Comfortable clothing should be worn; please no dresses or dance outfits that would restrict movement to the child or access to certain movements. Children should be barefoot when entering the Gymnastics area as well as long hair must be up for safety reasons.

Location: Atlas Tube Recreation Centre

Winter 2025	Friday	Jan 10 - Mar 28	6:00 PM - 7:00 PM	20432
	Saturday	Jan 11 - Mar 29	12:00 PM - 1:00 PM	20433
Spring 2025	Friday	Apr 4 - Jun 13	6:00 PM - 7:00 PM	20532
	Saturday	Apr 5 - Jun 14	12:00 PM - 1:00 PM	20542

Teen Gymnastics - 10-14 years

An introduction to gymnastics; basic recreational gymnastics will be taught. Equipment includes bars, vault, balance beam and floor. Comfortable clothing should be worn; please no dresses or dance outfits that would restrict movement to the child or access to certain movements. Children should be barefoot when entering the Gymnastics area as well as long hair must be up for safety reasons.

Location: Atlas Tube Recreation Centre

Winter 2025	Saturday	Jan 11 - Mar 29	12:00 PM - 1:00 PM	20442
Spring 2025	Saturday	Apr 5 - Jun 14	12:00 PM - 1:00 PM	20541

Youth Badminton - 10-14 years

Instructional play by teaching children the rules of badminton.

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	7:00 PM - 7:50 PM	20431
Spring 2025	Monday	Mar 31 - Jun 9	7:00 PM - 7:50 PM	20500

Youth Volleyball - 10-14 years

Instructional play by teaching children the rules of the sport in a team environment.

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	8:00 PM - 8:50 PM	20434
Spring 2025	Monday	Mar 31 - Jun 9	8:00 PM - 8:50 PM	20501

Teen Yoga - 12-16 years

This class will guide the participants through a series of movements and breath work. Participants will learn techniques for concentrating and reducing stress while improving strength, balance, and flexibility. **Location: Atlas Tube Recreation Centre**

Winter 2025	Wednesday	Jan 8 - Mar 26	6:00 PM - 6:50 PM	20430
Spring 2025	Wednesday	Apr 2 - Jun 11	6:00 PM - 6:50 PM	20520

Lithium - Ion Battery Safety

The Lakeshore Fire Department is urging residents to exercise caution with lithium-ion batteries following three residential fires caused by battery malfunctions. Common in devices like remote control cars and phones, these batteries can overheat, ignite, or explode when damaged or improperly charged. **Here are some safety tips to remember:**



- Purchase batteries directly from the product manufacturer.
- Never leave batteries charging unattended and only use manufacturer approved chargers.
- When charging, store batteries in fireproof lithium-ion battery bags to reduce fire.
- Stop using your device if the battery shows signs of damage such as odour, excessive heat, popping sounds, swelling, or changing colour.
- Damaged batteries should be safely discarded according to local hazardous waste guidelines.

2025 Summer Student Recruitment

Lakeshore's summer job positions will soon open for applications. All local youth who are 16 years of age or older and returning to school in September of 2025 are eligible to apply. Applications will open mid-December and will be accepted until mid-February.

Summer student positions run from May to late August or early September, although some positions vary. The positions offer on-the-job work experience for a wide range of interests and career paths. Apply online at Lakeshore.ca/Jobs



Adult Fitness Activities (Non-Aquatic)

Note: Participant must be the age indicated on each program as of the first day of class.

For program prices visit Lakeshore.ca/Recreation or call 519-728-2700
Winter 2025 Jan 6 - Mar 30 | **Spring 2025** Mar 31 - June 15

Beginner Yoga - 16 years +

This class is designed for beginners. Calming yoga focuses on breathing, stretching and meditation. Certified yoga instructor. Mat required. **Location: Comber Community Centre**

Winter 2025	Wednesday	Jan 8 - Mar 26	9:30 AM - 10:20 AM	20386
Spring 2025	Wednesday	Apr 2 - Jun 11	9:30 AM - 10:20 AM	20514

Beginner Yoga - 16 years +

Explore the fundamentals of a flowing yoga practice as well as implementing traditional poses. Working at your own level in a safe, supportive environment. Modifications will be offered as you practice each pose. **Location: Atlas Tube Recreation Centre**

Winter 2025	Tuesday	Jan 7 - Mar 25	10:15 AM - 11:05 AM	20384
	Thursday	Jan 9 - Mar 27	10:30 AM - 11:20 AM	20385
Spring 2025	Tuesday	Apr 1 - Jun 10	10:15 AM - 11:05 AM	20504
	Thursday	Apr 3 - Jun 12	10:30 AM - 11:20 AM	20527

Body Tone - 16 years +

If you are looking for deep muscle toning throughout your entire body, this is the class for you. Working with weights, bands, kettlebells and balls, you will work your entire body taking yourself to your own limit. (Formerly known as Women on Weights). **Location: Atlas Tube Recreation Centre**

Winter 2025	Wednesday	Jan 8 - Mar 26	9:30 AM - 10:20 AM	20388
	Wednesday	Jan 8 - Mar 26	7:00 PM - 7:50 PM	20387
Spring 2025	Wednesday	Apr 2 - Jun 11	9:30 AM - 10:20 AM	20515
	Wednesday	Apr 2 - Jun 11	7:00 PM - 7:50 PM	20521

Boxalates - 16 years +

Cardio kickboxing with a Pilates twist. Begin with boxing and kicking for the heart-pumping portion, then move into a deep core workout with Pilates giving you an all-around workout. Meditation at the end. **Location: Atlas Tube Recreation Centre**

Winter 2025	Monday	Jan 6 - Mar 24	7:00 PM - 7:50 PM	20389
Spring 2025	Monday	Mar 31 - Jun 9	7:00 PM - 7:50 PM	20497

Gentle Yoga - 16 years +

This class is designed for beginners. Gentle yoga focuses on breathing, stretching and meditation. Certified yoga instructor. Mat required. **Location: Atlas Tube Recreation Centre**

Winter 2025	Monday	Jan 6 - Mar 24	7:00 PM - 7:50 PM	20396
Spring 2025	Monday	Mar 31 - Jun 9	7:00 PM - 7:50 PM	20498

Hatha Yoga - 16 years +

Take the hurry out of your life and restore your mind! Hatha yoga focuses on breathing and stretching which leads to toning. This is an advanced class for non-beginners. Mat required.

Location: Libro Community Centre (Woodslee)

Winter 2025	Monday	Jan 6 - Mar 24	9:30 AM - 10:20 AM	20397
Spring 2025	Monday	Mar 31 - Jun 9	9:30 AM - 10:20 AM	20486

Hatha Yoga - 16 years +

Location: Atlas Tube Recreation Centre

Winter 2025	Wednesday	Jan 8 - Mar 26	7:00 PM - 7:50 PM	20398
Spring 2025	Wednesday	Apr 2 - Jun 11	7:00 PM - 7:50 PM	20522

HIIT - 16 years +

High Intensity Interval Training (HIIT) is a combination of strength training and cardio workouts alternating between high intensity movements followed by short periods of lower intensity movements. **Location: Atlas Tube Recreation Centre**

Winter 2025	Tuesday	Jan 7 - Mar 25	6:00 PM - 6:50 PM	20399
Spring 2025	Tuesday	Apr 1 - Jun 10	6:00 PM - 6:50 PM	20506

Kettlebell - 16 years +

Incorporating the principles of high-intensity interval training, kettlebell classes use weights, kettlebells, medicine balls, resistance bands and body weight exercises to get your heart rate up and your body sweating. **Location: Atlas Tube Recreation Centre**

Winter 2025	Tuesday	Jan 7 - Mar 25	7:00 PM - 7:50 PM	20439
Spring 2025	Tuesday	Apr 1 - Jun 10	7:00 PM - 7:50 PM	20509

Mobility 101 - 16 years +

Activities that allow muscle strengthening for rehabilitation to increase power endurance. This class involves body weight or working against a resistance. **Location: Libro Community Centre (Woodslee)**

Winter 2025	Monday	Jan 6 - Mar 24	8:30 AM - 9:20 AM	20409
Spring 2025	Monday	Mar 31 - Jun 9	8:30 AM - 9:20 AM	20484

Mobility 101 - 16 years +
Location: Comber Community Centre

Winter 2025	Wednesday	Jan 8 - Mar 26	8:30 AM - 9:20 AM	20408
Spring 2025	Wednesday	Apr 2 - Jun 11	8:30 AM - 9:20 AM	20512

Mobility 101 - 16 years +
Location: Atlas Tube Recreation Centre

Winter 2025	Thursday	Jan 9 - Mar 27	8:30 AM - 9:20 AM	20410
Spring 2025	Thursday	Apr 3 - Jun 12	8:30 AM - 9:20 AM	20525

Pilates - 16 years +

This class is performed on a mat using the basic principles of Pilates. The focus is stabilization of the core through mindful movement and breath. Benefits of the class include whole body toning and improved flexibility, balance and strength. **Location: Atlas Tube Recreation Centre**

Winter 2025	Friday	Jan 10 - Mar 28	9:30 AM - 10:20 AM	20440
Spring 2025	Friday	Apr 4 - Jun 13	9:30 AM - 10:20 AM	20529

Pilates Flex & Stretch Twist - 16 years +

Expect a total body workout that will sculpt & tone long lean muscles, improve endurance, stamina, balance, alignment and core strength. A strong emphasis on form works your body & mind leading to a strong mind/body connection, not only getting faster and far superior results, but overall muscular balance and flexibility. Using rings, bands, balls and mats. **Location: Atlas Tube Recreation Centre**

Winter 2025	Wednesday	Jan 8 - Mar 26	8:00 PM - 8:50 PM	20414
Spring 2025	Wednesday	Apr 2 - Jun 11	8:00 PM - 8:50 PM	20524

Sculpt & Move - 16 years +

Get the most out of your workout with this fitness class. It is both a muscular conditioning and cardiovascular conditioning workout. Low impact movement is combined with the use of light free weights. Great for all ages. **Location: Atlas Tube Recreation Centre**

Winter 2025	Monday	Jan 6 - Mar 24	9:30 AM - 10:20 AM	20420
Spring 2025	Monday	Mar 31 - Jun 9	9:30 AM - 10:20 AM	20487

For program prices visit [Lakeshore.ca/Recreation](https://www.lakeshore.ca/Recreation) or call 519-728-2700
Winter 2025 Jan 6 - Mar 30 | **Spring 2025** Mar 31 - June 15

Somatic Yoga - 16 years +

Somatic Yoga is from the inside out. The focus is on sensing your way in and out of poses. It focuses on how movements feel rather than how they look (Beginning to Intermediate level).

Location: Atlas Tube Recreation Centre

Winter 2025	Thursday	Jan 9 - Mar 27	9:30 AM - 10:20 AM	20421
Spring 2025	Thursday	Apr 3 - Jun 12	9:30 AM - 10:20 AM	20526

Stroller Fit - 16 years +

Get the most out of your workout with this fitness class. It is both a muscular conditioning and cardiovascular conditioning workout. Low impact movement is combined with the use of light free weights. Great for all ages. **Location: Atlas Tube Recreation Centre**

Winter 2025	Monday	Jan 6 - Mar 24	10:30 AM - 11:20 AM	20427
	Wednesday	Jan 8 - Mar 26	10:30 AM - 11:20 AM	20428
Spring 2025	Monday	Mar 31 - Jun 9	10:30 AM - 11:20 AM	20488
	Wednesday	Apr 2 - Jun 11	10:30 AM - 11:20 AM	20516

Tabata Strength - 14 years +

This class is a total body program that incorporates strength training, cardio work and flexibility challenging your entire body with high intensity, short duration exercise. Modified exercises make this class great for all levels. Use of all fitness equipment is encouraged.

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	6:00 PM - 6:50 PM	20429
Spring 2025	Monday	Mar 31 - Jun 9	6:00 PM - 6:50 PM	20496

2025 Summer Camp

Ready for some fun this summer?

Check out Lakeshore Recreation Summer Camp. Our camp is available for ages 4-11 years. We offer a variety of activities including arts/crafts, S.T.E.M, sports, outdoor play, games, swimming, and more!

Registration opens April 9, 2025 at 9:00 AM.



For more information or to register scan the QR code, visit Lakeshore.ca/Camps or call the Public Service Unit at 519 728-2700.



CAMP THEMES

Jul 2 - 4: Adventure Week

Jul 7 - 11: Holiday Week

Jul 14 - 18: S.T.E.M Week

Jul 21 - 25: Disney Week

Jul 28 - Aug 1: Lakeshore Week

Aug 5 - 8: Food Week

Aug 11 - 15: Land, Sea, and Space Week

Aug 18 - 22: Hollywood Week

Aug 25 - 29: Olympic Week

IMPORTANT INFORMATION

Registration form must be completed for ALL children prior to their first day of camp.

Government issued photo ID is mandatory EVERY DAY for all parents and guardians picking up a child.

REFUND POLICY: Parent or Guardian must call the Public Service Unit at 519-728-2700 prior to 8:00 AM on the first day of the camp week. Refunds are only available for the entire week; no individual day refunds will be issued. Full refunds can be made to the ActiveNet account, or a \$40 administrative fee will be charged for refunds.

A Parent Guide and Weekly Activity information will be sent by email to all campers prior to the week of camp or can be found at Lakeshore.ca/Camps

Please make sure your ActiveNet account is up to date with Parent/Guardian and Campers correct information to ensure all documents are promptly received. For assistance, call the Public Service Unit at 519-728-2700.

Learn more at: Lakeshore.ca/Camps

Active Aging Series (55+) (Non-Aquatic)

Zoomers - 55 years +

Stay active for improved circulation and mobility! This physical fitness program provides a full circle approach that includes warm up, cardio, strength training, stretches, relaxation and meditation.

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	8:30 AM - 9:20 AM	20436
	Wednesday	Jan 8 - Mar 26	8:30 AM - 9:20 AM	20437
	Friday	Jan 10 - Mar 28	8:30 AM - 9:20 AM	20435
Spring 2025	Monday	Mar 31 - Jun 9	8:30 AM - 9:20 AM	20485
	Wednesday	Apr 2 - Jun 11	8:30 AM - 9:20 AM	20513
	Friday	Apr 4 - Jun 13	8:30 AM - 9:20 AM	20528

Pool Memberships

Pool Recreation Membership

Space permitting, unlimited access for the duration of the membership, to any Lengths, Leisure Swim and Recreational Swim.

30 Days	90 Days	180 Days	365 Days
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Enhanced Pool Recreation Membership

Space permitting, unlimited access for the duration of the membership, to any Lengths, Leisure Swim and Recreational Swim, **plus Aquafit classes.**

30 Days	90 Days	180 Days	365 Days
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10 Visits

Lengths and Leisure Swim Punch Pass

Lengths and Leisure Swims only. **Non-expiring pass.**

10 Visits

Aquafit Punch Pass

Aquafit classes only. **Non-expiring pass.**



Unless specified, all the above memberships and punch passes are for one (1) individual only. No access privileges will be granted with membership (members not granted access earlier than drop-in customers). Memberships cannot be transferred to another individual or redeemed for cash. Reservations are strongly recommended for Recreational Swims.

Scan the QR code or visit Lakeshore.ca/Recreation for more information.

Aquatic Admission Policy



Age	Information	Admission Requirements	Public Ratio	Group Ratio	Wrist-Band
5 years & under	Parent/guardian must remain “within arm’s reach” at all times	Direct supervision and accompanied by a parent/guardian “within arm’s reach” at all times	1:2 or 1:4 wearing lifejackets	1:2 or 1:4 wearing lifejackets	Pink
6 to 13 years	Not able to pass the facility swim test	Direct supervision and accompanied by a parent/guardian “within arm’s reach” at all times.	1:4 or 1:8 wearing lifejackets	1:4 or 1:8 wearing lifejackets	Orange
6 to 13 years	Able to pass the facility swim test	May swim unaccompanied. Children under 10 still require a parent or guardian present.	N/A	1:15	Green

Parents and guardians are those who are a minimum of 14 years of age and who are responsible for the direct supervision of those they are accompanying both in and out of the water, wearing proper swim attire.

Direct supervision means in the water and within arm’s reach at all times. Parents and guardians are responsible for children under the age of 10 in our aquatics facility and must supervise them at all times.

High-Risk Participants Must Be in a Ratio of 1 to 1

The Municipality of Lakeshore requires high-risk participants (those with serious medical conditions such as seizure disorders, frequent fainting or those with uncontrolled behaviours or impulses) be accompanied by an individual knowledgeable of their condition and responsible for their direct supervision at all times. It is suggested that those with seizure disorders be in a lifejacket or PFD at all times while in the pool.

Parent and Tot Swimming Lessons

For program prices visit Lakeshore.ca/Recreation or call 519-728-2700
Winter 2025 Jan 6 - Mar 30 | **Spring 2025** Mar 31 - June 15

Aqua Parent & Tot, 1/2/3 Ratio 1:12 3M-3 years

Spend quality time with your child while you both learn, have fun and socialize in the water. Tot must be accompanied in the water at all times by an adult or caregiver within arms reach of the child. Ratio 1 to 12. One adult per registered participant. **Location: Atlas Tube Recreation Centre**

Winter 2025	Monday	Jan 6 - Mar 24	5:00 PM - 5:30 PM	20544
	Monday	Jan 6 - Mar 24	5:30 PM - 6:00 PM	20545
	Tuesday	Jan 7 - Mar 25	4:30 PM - 5:00 PM	20546
	Tuesday	Jan 7 - Mar 25	5:15 PM - 5:45 PM	20547
	Tuesday	Jan 7 - Mar 25	6:00 PM - 6:30 PM	20548
	Wednesday	Jan 8 - Mar 26	5:00 PM - 5:30 PM	20549
	Wednesday	Jan 8 - Mar 26	6:00 PM - 6:30 PM	20550
	Thursday	Jan 9 - Mar 27	5:00 PM - 5:30 PM	20551
	Thursday	Jan 9 - Mar 27	5:30 PM - 6:00 PM	20552
	Friday	Jan 10 - Mar 28	9:30 AM - 10:00 AM	20635
	Friday	Jan 10 - Mar 28	10:00 AM - 10:30 AM	20636
	Friday	Jan 10 - Mar 28	5:00 PM - 5:30 PM	20637
	Saturday	Jan 11 - Mar 29	9:00 AM - 9:30 AM	20638
	Saturday	Jan 11 - Mar 29	9:30 AM - 10:00 AM	20639
	Saturday	Jan 11 - Mar 29	10:00 AM - 10:30 AM	20640
	Saturday	Jan 11 - Mar 29	11:15 AM - 11:45 AM	20641
	Saturday	Jan 11 - Mar 29	4:00 PM - 4:30 PM	20642
	Sunday	Jan 12 - Mar 30	9:00 AM - 9:30 AM	20643
	Sunday	Jan 12 - Mar 30	9:30 AM - 10:00 AM	20644
	Sunday	Jan 12 - Mar 30	10:00 AM - 10:30 AM	20645
Sunday	Jan 12 - Mar 30	11:30 AM - 12:00 PM	20646	

Aqua Parent & Tot, 1/2/3 Ratio 1:12 3M-3 years (Continued)

Spring 2025	Monday	Mar 31 - Jun 9	5:00 PM - 5:30 PM	20875
	Monday	Mar 31 - Jun 9	5:30 PM - 6:00 PM	20874
	Tuesday	Apr 1 - Jun 10	4:30 PM - 5:00 PM	20887
	Tuesday	Apr 1 - Jun 10	5:15 PM - 5:45 PM	20888
	Tuesday	Apr 1 - Jun 10	6:00 PM - 6:30 PM	20889
	Wednesday	Apr 2 - Jun 11	5:00 PM - 5:30 PM	20890
	Wednesday	Apr 2 - Jun 11	6:00 PM - 6:30 PM	20891
	Thursday	Apr 3 - Jun 12	5:00 PM - 5:30 PM	20886
	Thursday	Apr 3 - Jun 12	5:30 PM - 6:00 PM	20885
	Friday	Apr 4 - Jun 13	9:30 AM - 10:00 AM	20873
	Friday	Apr 4 - Jun 13	10:00 AM - 10:30 AM	20871
	Friday	Apr 4 - Jun 13	5:00 PM - 5:30 PM	20872
	Saturday	Apr 5 - Jun 14	9:00 AM - 9:30 AM	20880
	Saturday	Apr 5 - Jun 14	9:30 AM - 10:00 AM	20879
	Saturday	Apr 5 - Jun 14	10:00 AM - 10:30 AM	20876
	Saturday	Apr 5 - Jun 14	11:15 AM - 11:45 AM	20877
	Saturday	Apr 5 - Jun 14	4:00 PM - 4:30 PM	20878
	Sunday	Apr 6 - Jun 15	9:00 AM - 9:30 AM	20884
	Sunday	Apr 6 - Jun 15	9:30 AM - 10:00 AM	20883
	Sunday	Apr 6 - Jun 15	10:00 AM - 10:30 AM	20881
Sunday	Apr 6 - Jun 15	11:30 AM - 12:00 PM	20882	

Aqua Parent & Tot Plus, Ratio 1:4 2-3 years

If your child has completed all of the Parent & Tot 3 content but is not old enough to enroll in the aqua preschool programs, then this is the class for them. Participants must be comfortable being in the water without their parent. Content will be from the aqua preschool program.

Location: Atlas Tube Recreation Centre

Winter 2025	Tuesday	Jan 7 - Mar 25	6:30 PM - 7:00 PM	20647
	Thursday	Jan 9 - Mar 27	6:15 PM - 6:45 PM	20648
	Saturday	Jan 11 - Mar 29	9:30 AM - 10:00 AM	20649
	Saturday	Jan 11 - Mar 29	4:30 PM - 5:00 PM	20650
Spring 2025	Tuesday	Apr 1 - Jun 10	6:30 PM - 7:00 PM	20895
	Thursday	Apr 3 - Jun 12	6:15 PM - 6:45 PM	20894
	Saturday	Apr 5 - Jun 14	9:30 AM - 10:00 AM	20893
	Saturday	Apr 5 - Jun 14	4:30 PM - 5:00 PM	20892

Preschool Swimming Lessons

Aqua Preschool participants will learn to enter and exit the water. They will also work on water movement and breath control while having fun.

Aqua Preschool 1, Ratio 1:4 3-5 years Location: Atlas Tube Recreation Centre				
Winter 2025	Monday	Jan 6 - Mar 24	4:30 PM - 5:00 PM	20652
	Monday	Jan 6 - Mar 24	5:00 PM - 5:30 PM	20653
	Tuesday	Jan 7 - Mar 25	5:00 PM - 5:30 PM	20654
	Tuesday	Jan 7 - Mar 25	6:00 PM - 6:30 PM	20655
	Tuesday	Jan 7 - Mar 25	7:00 PM - 7:30 PM	20656
	Wednesday	Jan 8 - Mar 26	6:30 PM - 7:00 PM	20657
	Thursday	Jan 9 - Mar 27	4:30 PM - 5:00 PM	20658
	Thursday	Jan 9 - Mar 27	5:30 PM - 6:00 PM	20659
	Thursday	Jan 9 - Mar 27	7:00 PM - 7:30 PM	20660
	Saturday	Jan 11 - Mar 29	9:00 AM - 9:30 AM	20661
	Saturday	Jan 11 - Mar 29	10:30 AM - 11:00 AM	20662
	Saturday	Jan 11 - Mar 29	11:00 AM - 11:30 AM	20663
	Saturday	Jan 11 - Mar 29	11:45 AM - 12:15 PM	20664
	Saturday	Jan 11 - Mar 29	12:00 PM - 12:30 PM	20665
	Saturday	Jan 11 - Mar 29	5:00 PM - 5:30 PM	20666
	Sunday	Jan 12 - Mar 30	10:00 AM - 10:30 AM	20667
	Sunday	Jan 12 - Mar 30	11:45 AM - 12:15 PM	20668
Spring 2025	Monday	Mar 31 - Jun 9	4:30 PM - 5:00 PM	20896
	Monday	Mar 31 - Jun 9	5:00 PM - 5:30 PM	20897
	Tuesday	Apr 1 - Jun 10	5:00 PM - 5:30 PM	20910
	Tuesday	Apr 1 - Jun 10	6:00 PM - 6:30 PM	20911
	Tuesday	Apr 1 - Jun 10	7:00 PM - 7:30 PM	20912
	Wednesday	Apr 2 - Jun 11	6:30 PM - 7:00 PM	20913
	Thursday	Apr 3 - Jun 12	4:30 PM - 5:00 PM	20907
	Thursday	Apr 3 - Jun 12	5:30 PM - 6:00 PM	20908

Aqua Preschool 1, Ratio 1:4 3-5 years (Continued)

Location: Atlas Tube Recreation Centre

Spring 2025	Thursday	Apr 3 - Jun 12	7:00 PM - 7:30 PM	20909
	Saturday	Apr 5 - Jun 14	9:00 AM - 9:30 AM	20904
	Saturday	Apr 5 - Jun 14	10:30 AM - 11:00 AM	20899
	Saturday	Apr 5 - Jun 14	11:00 AM - 11:30 AM	20901
	Saturday	Apr 5 - Jun 14	11:45 AM - 12:15 PM	20900
	Saturday	Apr 5 - Jun 14	12:00 PM - 12:30 PM	20902
	Saturday	Apr 5 - Jun 14	5:00 PM - 5:30 PM	20903
	Sunday	Apr 6 - Jun 15	10:00 AM - 10:30 AM	20905
	Sunday	Apr 6 - Jun 15	11:45 AM - 12:15 PM	20906

Aqua Preschool 1, Ratio 1:6 3-5 years

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	6:00 PM - 6:30 PM	20669
	Wednesday	Jan 8 - Mar 26	5:30 PM - 6:00 PM	20670
	Friday	Jan 10 - Mar 28	4:30 PM - 5:00 PM	20671
	Saturday	Jan 11 - Mar 29	9:30 AM - 10:00 AM	20672
	Saturday	Jan 11 - Mar 29	9:45 AM - 10:15 AM	20673
	Saturday	Jan 11 - Mar 29	4:30 PM - 5:00 PM	20674
	Sunday	Jan 12 - Mar 30	10:30 AM - 11:00 AM	20675
Spring 2025	Monday	Mar 31 - Jun 9	6:00 PM - 6:30 PM	20915
	Wednesday	Apr 2 - Jun 11	5:30 PM - 6:00 PM	20920
	Friday	Apr 4 - Jun 13	4:30 PM - 5:00 PM	20914
	Saturday	Apr 5 - Jun 14	9:30 AM - 10:00 AM	20917
	Saturday	Apr 5 - Jun 14	9:45 AM - 10:15 AM	20918
	Saturday	Apr 5 - Jun 14	4:30 PM - 5:00 PM	20916
	Sunday	Apr 6 - Jun 15	10:30 AM - 11:00 AM	20919

Aqua Preschool 2, Ratio 1:4 3-5 years

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	5:30 PM - 6:00 PM	20676
	Tuesday	Jan 7 - Mar 25	5:30 PM - 6:00 PM	20677
	Wednesday	Jan 8 - Mar 26	4:30 PM - 5:00 PM	20678
	Wednesday	Jan 8 - Mar 26	7:00 PM - 7:30 PM	20679

Aqua Preschool 2, Ratio 1:4 3-5 years (Continued)

Location: Atlas Tube Recreation Centre

Winter 2025	Thursday	Jan 9 - Mar 27	6:00 PM - 6:30 PM	20680
	Friday	Jan 10 - Mar 28	4:30 PM - 5:00 PM	20681
	Saturday	Jan 11 - Mar 29	8:30 AM - 9:00 AM	20682
	Saturday	Jan 11 - Mar 29	12:30 PM - 1:00 PM	20683
	Saturday	Jan 11 - Mar 29	4:00 PM - 4:30 PM	20684
	Sunday	Jan 12 - Mar 30	8:30 AM - 9:00 AM	20685
	Sunday	Jan 12 - Mar 30	12:00 PM - 12:30 PM	20686
Spring 2025	Monday	Mar 31 - Jun 9	5:30 PM - 6:00 PM	20922
	Tuesday	Apr 1 - Jun 10	5:30 PM - 6:00 PM	20929
	Wednesday	Apr 2 - Jun 11	4:30 PM - 5:00 PM	20930
	Wednesday	Apr 2 - Jun 11	7:00 PM - 7:30 PM	20931
	Thursday	Apr 3 - Jun 12	6:00 PM - 6:30 PM	20928
	Friday	Apr 4 - Jun 13	4:30 PM - 5:00 PM	20921
	Saturday	Apr 5 - Jun 14	8:30 AM - 9:00 AM	20925
	Saturday	Apr 5 - Jun 14	12:30 PM - 1:00 PM	20923
	Saturday	Apr 5 - Jun 14	4:00 PM - 4:30 PM	20924
	Sunday	Apr 6 - Jun 15	8:30 AM - 9:00 AM	20927
	Sunday	Apr 6 - Jun 15	12:00 PM - 12:30 PM	20926

Aqua Preschool 2, Ratio 1:6 3-5 years

Location: Atlas Tube Recreation Centre

Winter 2025	Tuesday	Jan 7 - Mar 25	5:30 PM - 6:00 PM	20687
	Wednesday	Jan 8 - Mar 26	6:15 PM - 6:45 PM	20688
	Thursday	Jan 9 - Mar 27	5:00 PM - 5:30 PM	20689
	Thursday	Jan 9 - Mar 27	5:30 PM - 6:00 PM	20690
	Friday	Jan 10 - Mar 28	5:30 PM - 6:00 PM	20691
	Saturday	Jan 11 - Mar 29	10:15 AM - 10:45 AM	20692
	Saturday	Jan 11 - Mar 29	11:30 AM - 12:00 PM	20693
	Sunday	Jan 12 - Mar 30	10:00 AM - 10:30 AM	20694
Spring 2025	Tuesday	Apr 1 - Jun 10	5:30 PM - 6:00 PM	20938
	Wednesday	Apr 2 - Jun 11	6:15 PM - 6:45 PM	20939
	Thursday	Apr 3 - Jun 12	5:00 PM - 5:30 PM	20937
	Thursday	Apr 3 - Jun 12	5:30 PM - 6:00 PM	20936

Aqua Preschool 2, Ratio 1:6 3-5 years (Continued)

Location: Atlas Tube Recreation Centre

Spring 2025	Friday	Apr 4 - Jun 13	5:30 PM - 6:00 PM	20932
	Saturday	Apr 5 - Jun 14	10:15 AM - 10:45 AM	20933
	Saturday	Apr 5 - Jun 14	11:30 AM - 12:00 PM	20934
	Sunday	Apr 6 - Jun 15	10:00 AM - 10:30 AM	20935

Aqua Preschool 3, Ratio 1:4 3-5 years

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	4:30 PM - 5:00 PM	20695
	Monday	Jan 6 - Mar 24	6:30 PM - 7:00 PM	20696
	Monday	Jan 6 - Mar 24	7:00 PM - 7:30 PM	20697
	Tuesday	Jan 7 - Mar 25	4:30 PM - 5:00 PM	20698
	Tuesday	Jan 7 - Mar 25	7:30 PM - 8:00 PM	20699
	Wednesday	Jan 8 - Mar 26	4:30 PM - 5:00 PM	20700
	Wednesday	Jan 8 - Mar 26	7:30 PM - 8:00 PM	20701
	Thursday	Jan 9 - Mar 27	4:30 PM - 5:00 PM	20702
	Thursday	Jan 9 - Mar 27	7:30 PM - 8:00 PM	20703
	Friday	Jan 10 - Mar 28	5:00 PM - 5:30 PM	20704
	Saturday	Jan 11 - Mar 29	8:45 AM - 9:15 AM	20705
	Saturday	Jan 11 - Mar 29	10:30 AM - 11:00 AM	20706
	Saturday	Jan 11 - Mar 29	4:30 PM - 5:00 PM	20707
	Saturday	Jan 11 - Mar 29	5:00 PM - 5:30 PM	20708
	Sunday	Jan 12 - Mar 30	8:30 AM - 9:00 AM	20709
	Sunday	Jan 12 - Mar 30	12:30 PM - 1:00 PM	20710
Spring 2025	Monday	Mar 31 - Jun 9	4:30 PM - 5:00 PM	20941
	Monday	Mar 31 - Jun 9	6:30 PM - 7:00 PM	20942
	Monday	Mar 31 - Jun 9	7:00 PM - 7:30 PM	20943
	Tuesday	Apr 1 - Jun 10	4:30 PM - 5:00 PM	20952
	Tuesday	Apr 1 - Jun 10	7:30 PM - 8:00 PM	20953
	Wednesday	Apr 2 - Jun 11	4:30 PM - 5:00 PM	20954
	Wednesday	Apr 2 - Jun 11	7:30 PM - 8:00 PM	20955
	Thursday	Apr 3 - Jun 12	4:30 PM - 5:00 PM	20950
	Thursday	Apr 3 - Jun 12	7:30 PM - 8:00 PM	20951
	Friday	Apr 4 - Jun 13	5:00 PM - 5:30 PM	20940
	Saturday	Apr 5 - Jun 14	8:45 AM - 9:15 AM	20947

For program prices visit Lakeshore.ca/Recreation or call 519-728-2700
Winter 2025 Jan 6 - Mar 30 | **Spring 2025** Mar 31 - June 15

Aqua Preschool 3, Ratio 1:4 3-5 years (Continued)

Location: Atlas Tube Recreation Centre

Spring 2025	Saturday	Apr 5 - Jun 14	10:30 AM - 11:00 AM	20944
	Saturday	Apr 5 - Jun 14	4:30 PM - 5:00 PM	20945
	Saturday	Apr 5 - Jun 14	5:00 PM - 5:30 PM	20946
	Sunday	Apr 6 - Jun 15	8:30 AM - 9:00 AM	20949
	Sunday	Apr 6 - Jun 15	12:30 PM - 1:00 PM	20948

Aqua Preschool 3, Ratio 1:6 3-5 years

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	5:30 PM - 6:00 PM	20711
	Tuesday	Jan 7 - Mar 25	5:00 PM - 5:30 PM	20712
	Tuesday	Jan 7 - Mar 25	5:30 PM - 6:00 PM	20713
	Wednesday	Jan 8 - Mar 26	6:30 PM - 7:00 PM	20714
	Saturday	Jan 11 - Mar 29	10:00 AM - 10:30 AM	20715
	Sunday	Jan 12 - Mar 30	8:45 AM - 9:15 AM	20716
	Sunday	Jan 12 - Mar 30	11:15 AM - 11:45 AM	20717
Spring 2025	Monday	Mar 31 - Jun 9	5:30 PM - 6:00 PM	20956
	Tuesday	Apr 1 - Jun 10	5:00 PM - 5:30 PM	20961
	Tuesday	Apr 1 - Jun 10	5:30 PM - 6:00 PM	20960
	Wednesday	Apr 2 - Jun 11	6:30 PM - 7:00 PM	20962
	Saturday	Apr 5 - Jun 14	10:00 AM - 10:30 AM	20957
	Sunday	Apr 6 - Jun 15	8:45 AM - 9:15 AM	20959
	Sunday	Apr 6 - Jun 15	11:15 AM - 11:45 AM	20958

Aqua Preschool 4/5, Ratio 1:4 3-5 years

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	7:00 PM - 7:30 PM	20718
	Tuesday	Jan 7 - Mar 25	4:30 PM - 5:00 PM	20719
	Tuesday	Jan 7 - Mar 25	6:30 PM - 7:00 PM	20720
	Wednesday	Jan 8 - Mar 26	5:30 PM - 6:00 PM	20721
	Thursday	Jan 9 - Mar 27	7:00 PM - 7:30 PM	20722
	Friday	Jan 10 - Mar 28	4:30 PM - 5:00 PM	20723
	Saturday	Jan 11 - Mar 29	8:30 AM - 9:00 AM	20724
	Saturday	Jan 11 - Mar 29	12:15 PM - 12:45 PM	20725
	Saturday	Jan 11 - Mar 29	5:00 PM - 5:30 PM	20726
	Sunday	Jan 12 - Mar 30	9:30 AM - 10:00 AM	20727
	Sunday	Jan 12 - Mar 30	12:00 PM - 12:30 PM	20728
Spring 2025	Monday	Mar 31 - Jun 9	7:00 PM - 7:30 PM	20964
	Tuesday	Apr 1 - Jun 10	4:30 PM - 5:00 PM	20971
	Tuesday	Apr 1 - Jun 10	6:30 PM - 7:00 PM	20972
	Wednesday	Apr 2 - Jun 11	5:30 PM - 6:00 PM	20973
	Thursday	Apr 3 - Jun 12	7:00 PM - 7:30 PM	20970
	Friday	Apr 4 - Jun 13	4:30 PM - 5:00 PM	20963
	Saturday	Apr 5 - Jun 14	8:30 AM - 9:00 AM	20967
	Saturday	Apr 5 - Jun 14	12:15 PM - 12:45 PM	20965
	Saturday	Apr 5 - Jun 14	5:00 PM - 5:30 PM	20966
	Sunday	Apr 6 - Jun 15	9:30 AM - 10:00 AM	20969
	Sunday	Apr 6 - Jun 15	12:00 PM - 12:30 PM	20968

Unsure of what swimming level to register your child in?

Lakeshore offers **FREE swim assessments** for anyone interested in signing up for our learn to swim programs. Swim assessments can be done between 6:00 PM to 8:00 PM on Friday, or during the day on Saturday and Sunday Recreational Swims. No appointment is needed. One of our certified swim instructors will evaluate your child's basic swimming skills to determine the best-fit class for them.

Check available weekend recreational swim times by calling **519-728-2700** or online at **Lakeshore.ca/DropIn**

Aqua Preschool 4/5, Ratio 1:6 3-5 years

Location: Atlas Tube Recreation Centre

Winter 2025	Tuesday	Jan 7 - Mar 25	6:15 PM - 6:45 PM	20729
	Wednesday	Jan 8 - Mar 26	6:30 PM - 7:00 PM	20730
	Thursday	Jan 9 - Mar 27	6:00 PM - 6:30 PM	20731
	Saturday	Jan 11 - Mar 29	11:30 AM - 12:00 PM	20732
Spring 2025	Tuesday	Apr 1 - Jun 10	6:15 PM - 6:45 PM	20976
	Wednesday	Apr 2 - Jun 11	6:30 PM - 7:00 PM	20977
	Thursday	Apr 3 - Jun 12	6:00 PM - 6:30 PM	20975
	Saturday	Apr 5 - Jun 14	11:30 AM - 12:00 PM	20974

Aqua Preschool Plus, Ratio 1:4 3-5 years

Has your child completed Preschool 5 but they aren't 5 years old yet? Preschool Plus participants will work on Swimmer 2 content and above! Get your child prepped for success in our swimmer levels with this program. **Location: Atlas Tube Recreation Centre**

Winter 2025	Wednesday	Jan 8 - Mar 26	5:00 PM - 5:30 PM	20733
	Saturday	Jan 11 - Mar 29	12:30 PM - 1:00 PM	20734
Spring 2025	Wednesday	Apr 2 - Jun 11	5:00 PM - 5:30 PM	20979
	Saturday	Apr 5 - Jun 14	12:30 PM - 1:00 PM	20978



Private swimming lessons for Aqua Preschool and Swimmer level content

Ages: 2 years +

Location: Atlas Tube Recreation Centre

Private lessons allow instructors time to give more attention to swimming participants.

Lessons can be 1 : 1, 1 : 2 or 1 : 3 ratios. All shared lessons must be arranged by the participants themselves and swimmers should have similar abilities. Please note private lesson registration can only be done in person or over the phone **519-728-2700** with a reception staff.

Youth Swimming Lessons

Fitness Swimmer Ratio 1:10 - 6-14 years

Fitness Swimmer is ideal for candidates that have completed Swimmer 6 and who are not old enough to begin the Bronze program. Participants will work on increasing their speed and endurance in the water. **Location: Atlas Tube Recreation Centre**

Winter 2025	Wednesday	Jan 8 - Mar 26	6:45 PM - 7:30 PM	20861
Winter 2025	Wednesday	Apr 2 - Jun 11	6:45 PM - 7:30 PM	20981

Swim Club Ratio 1:10 - 7-16 years

Looking for a great way to refine your strokes and increase your stamina? Join the Lakeshore Swim Club! Coaches will provide instruction on a combination of competitive stroke techniques and lifesaving sport events. Participants will have fun, make friends and increase their level of fitness. **Location: Atlas Tube Recreation Centre**

Winter 2025	Mon & Thurs	Jan 6 - Mar 27	4:30 PM - 5:30 PM	20862
Spring 2025	Mon & Thurs	Mar 31 - Jun 12	4:30 PM - 5:30 PM	20982

Swimmer 1 to 6 allows youth aged 5 to 12 the opportunity to work on beginner skills like breath control and water movement in lower levels. Once they have completed the advanced levels they will be able to perform excellent swimming strokes up to 100m. We stress lots of in water practice for each level.

Swimmer 1, Ratio 1:4 - 5-12 years

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	4:30 PM - 5:00 PM	20736
	Monday	Jan 6 - Mar 24	7:30 PM - 8:00 PM	20737
	Tuesday	Jan 7 - Mar 25	4:30 PM - 5:00 PM	20738
	Tuesday	Jan 7 - Mar 25	6:45 PM - 7:15 PM	20739
	Wednesday	Jan 8 - Mar 26	4:30 PM - 5:00 PM	20740
	Wednesday	Jan 8 - Mar 26	7:00 PM - 7:30 PM	20741
	Thursday	Jan 9 - Mar 27	5:00 PM - 5:30 PM	20742
	Thursday	Jan 9 - Mar 27	7:00 PM - 7:30 PM	20743
	Friday	Jan 10 - Mar 28	4:30 PM - 5:00 PM	20744
	Saturday	Jan 11 - Mar 29	9:15 AM - 9:45 AM	20745
	Saturday	Jan 11 - Mar 29	11:30 AM - 12:00 PM	20746
	Saturday	Jan 11 - Mar 29	5:30 PM - 6:00 PM	20747
	Sunday	Jan 12 - Mar 30	9:00 AM - 9:30 AM	20748
	Sunday	Jan 12 - Mar 30	9:30 AM - 10:00 AM	20749
Sunday	Jan 12 - Mar 30	10:30 AM - 11:00 AM	20750	

Swimmer 1, Ratio 1:4 - 5-12 years (Continued)

Location: Atlas Tube Recreation Centre

Winter 2025	Sunday	Jan 12 - Mar 30	11:15 AM - 11:45 AM	20751
	Sunday	Jan 12 - Mar 30	12:00 PM - 12:30 PM	20752
Spring 2025	Monday	Mar 31 - Jun 9	4:30 PM - 5:00 PM	20996
	Monday	Mar 31 - Jun 9	7:30 PM - 8:00 PM	20997
	Tuesday	Apr 1 - Jun 10	4:30 PM - 5:00 PM	21008
	Tuesday	Apr 1 - Jun 10	6:45 PM - 7:15 PM	21009
	Wednesday	Apr 2 - Jun 11	4:30 PM - 5:00 PM	21010
	Wednesday	Apr 2 - Jun 11	7:00 PM - 7:30 PM	21011
	Thursday	Apr 3 - Jun 12	5:00 PM - 5:30 PM	21006
	Thursday	Apr 3 - Jun 12	7:00 PM - 7:30 PM	21007
	Friday	Apr 4 - Jun 13	4:30 PM - 5:00 PM	20995
	Saturday	Apr 5 - Jun 14	9:15 AM - 9:45 AM	21000
	Saturday	Apr 5 - Jun 14	11:30 AM - 12:00 PM	20998
	Saturday	Apr 5 - Jun 14	5:30 PM - 6:00 PM	20999
	Sunday	Apr 6 - Jun 15	9:00 AM - 9:30 AM	21005
	Sunday	Apr 6 - Jun 15	9:30 AM - 10:00 AM	21004
	Sunday	Apr 6 - Jun 15	10:30 AM - 11:00 AM	21001
	Sunday	Apr 6 - Jun 15	11:15 AM - 11:45 AM	21002
Sunday	Apr 6 - Jun 15	12:00 PM - 12:30 PM	21003	

Swimmer 1, Ratio 1:6 - 5-12 years

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	5:00 PM - 5:30 PM	20753
	Monday	Jan 6 - Mar 24	6:00 PM - 6:30 PM	20754
	Tuesday	Jan 7 - Mar 25	5:00 PM - 5:30 PM	20755
	Tuesday	Jan 7 - Mar 25	5:30 PM - 6:00 PM	20756
	Tuesday	Jan 7 - Mar 25	6:30 PM - 7:00 PM	20757
	Wednesday	Jan 8 - Mar 26	5:00 PM - 5:30 PM	20758
	Wednesday	Jan 8 - Mar 26	5:45 PM - 6:15 PM	20759
	Thursday	Jan 9 - Mar 27	6:00 PM - 6:30 PM	20760
	Friday	Jan 10 - Mar 28	5:00 PM - 5:30 PM	20761
	Friday	Jan 10 - Mar 28	5:30 PM - 6:00 PM	20762
	Saturday	Jan 11 - Mar 29	10:30 AM - 11:00 AM	20763
	Saturday	Jan 11 - Mar 29	11:00 AM - 11:30 AM	20764
	Saturday	Jan 11 - Mar 29	4:00 PM - 4:30 PM	20765

Swimmer 1, Ratio 1:6 - 5-12 years (Continued)

Location: Atlas Tube Recreation Centre

Spring 2025	Monday	Mar 31 - Jun 9	5:00 PM - 5:30 PM	21014
	Monday	Mar 31 - Jun 9	6:00 PM - 6:30 PM	21015
	Tuesday	Apr 1 - Jun 10	5:00 PM - 5:30 PM	21021
	Tuesday	Apr 1 - Jun 10	5:30 PM - 6:00 PM	21020
	Tuesday	Apr 1 - Jun 10	6:30 PM - 7:00 PM	21022
	Wednesday	Apr 2 - Jun 11	5:00 PM - 5:30 PM	21024
	Wednesday	Apr 2 - Jun 11	5:45 PM - 6:15 PM	21023
	Thursday	Apr 3 - Jun 12	6:00 PM - 6:30 PM	21019
	Friday	Apr 4 - Jun 13	5:00 PM - 5:30 PM	21013
	Friday	Apr 4 - Jun 13	5:30 PM - 6:00 PM	21012
	Saturday	Apr 5 - Jun 14	10:30 AM - 11:00 AM	21016
	Saturday	Apr 5 - Jun 14	11:00 AM - 11:30 AM	21017
	Saturday	Apr 5 - Jun 14	4:00 PM - 4:30 PM	21018

Swimmer 2, Ratio 1:4 - 5-12 years

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	4:30 PM - 5:00 PM	20766
	Monday	Jan 6 - Mar 24	6:00 PM - 6:30 PM	20767
	Monday	Jan 6 - Mar 24	6:30 PM - 7:00 PM	20768
	Tuesday	Jan 7 - Mar 25	5:00 PM - 5:30 PM	20769
	Tuesday	Jan 7 - Mar 25	7:00 PM - 7:30 PM	20770
	Wednesday	Jan 8 - Mar 26	4:30 PM - 5:00 PM	20771
	Wednesday	Jan 8 - Mar 26	5:00 PM - 5:30 PM	20772
	Wednesday	Jan 8 - Mar 26	6:45 PM - 7:15 PM	20773
	Thursday	Jan 9 - Mar 27	4:30 PM - 5:00 PM	20774
	Thursday	Jan 9 - Mar 27	7:30 PM - 8:00 PM	20775
	Friday	Jan 10 - Mar 28	4:30 PM - 5:00 PM	20776
	Saturday	Jan 11 - Mar 29	9:00 AM - 9:30 AM	20777
	Saturday	Jan 11 - Mar 29	12:00 PM - 12:30 PM	20778
	Saturday	Jan 11 - Mar 29	5:30 PM - 6:00 PM	20779
	Sunday	Jan 12 - Mar 30	8:30 AM - 9:00 AM	20780
	Sunday	Jan 12 - Mar 30	12:00 PM - 12:30 PM	20781
	Sunday	Jan 12 - Mar 30	12:30 PM - 1:00 PM	20782

Swimmer 2, Ratio 1:4 - 5-12 years (Continued)

Location: Atlas Tube Recreation Centre

Spring 2025	Monday	Mar 31 - Jun 9	4:30 PM - 5:00 PM	21026
	Monday	Mar 31 - Jun 9	6:00 PM - 6:30 PM	21028
	Monday	Mar 31 - Jun 9	6:30 PM - 7:00 PM	21027
	Tuesday	Apr 1 - Jun 10	5:00 PM - 5:30 PM	21037
	Tuesday	Apr 1 - Jun 10	7:00 PM - 7:30 PM	21038
	Wednesday	Apr 2 - Jun 11	4:30 PM - 5:00 PM	21039
	Wednesday	Apr 2 - Jun 11	5:00 PM - 5:30 PM	21040
	Wednesday	Apr 2 - Jun 11	6:45 PM - 7:15 PM	21041
	Thursday	Apr 3 - Jun 12	4:30 PM - 5:00 PM	21035
	Thursday	Apr 3 - Jun 12	7:30 PM - 8:00 PM	21036
	Friday	Apr 4 - Jun 13	4:30 PM - 5:00 PM	21025
	Saturday	Apr 5 - Jun 14	9:00 AM - 9:30 AM	21031
	Saturday	Apr 5 - Jun 14	12:00 PM - 12:30 PM	21029
	Saturday	Apr 5 - Jun 14	5:30 PM - 6:00 PM	21030
	Sunday	Apr 6 - Jun 15	8:30 AM - 9:00 AM	21034
	Sunday	Apr 6 - Jun 15	12:00 PM - 12:30 PM	21033
	Sunday	Apr 6 - Jun 15	12:30 PM - 1:00 PM	21032

Swimmer 2, Ratio 1:6 - 5-12 years

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	5:30 PM - 6:00 PM	20783
	Tuesday	Jan 7 - Mar 25	5:45 PM - 6:15 PM	20784
	Tuesday	Jan 7 - Mar 25	6:00 PM - 6:30 PM	20785
	Wednesday	Jan 8 - Mar 26	6:00 PM - 6:30 PM	20786
	Thursday	Jan 9 - Mar 27	5:45 PM - 6:15 PM	20787
	Friday	Jan 10 - Mar 28	5:00 PM - 5:30 PM	20788
	Saturday	Jan 11 - Mar 29	9:30 AM - 10:00 AM	20789
	Saturday	Jan 11 - Mar 29	11:30 AM - 12:00 PM	20790
	Saturday	Jan 11 - Mar 29	11:45 AM - 12:15 PM	20791
	Sunday	Jan 12 - Mar 30	11:00 AM - 11:30 AM	20792
	Sunday	Jan 12 - Mar 30	11:30 AM - 12:00 PM	20793

Swimmer 2, Ratio 1:6 - 5-12 years (Continued)

Spring 2025	Monday	Mar 31 - Jun 9	5:30 PM - 6:00 PM	21043
	Tuesday	Apr 1 - Jun 10	5:45 PM - 6:15 PM	21050
	Tuesday	Apr 1 - Jun 10	6:00 PM - 6:30 PM	21051
	Wednesday	Apr 2 - Jun 11	6:00 PM - 6:30 PM	21052
	Thursday	Apr 3 - Jun 12	5:45 PM - 6:15 PM	21049
	Friday	Apr 4 - Jun 13	5:00 PM - 5:30 PM	21042
	Saturday	Apr 5 - Jun 14	9:30 AM - 10:00 AM	21046
	Saturday	Apr 5 - Jun 14	11:30 AM - 12:00 PM	21044
	Saturday	Apr 5 - Jun 14	11:45 AM - 12:15 PM	21045
	Sunday	Apr 6 - Jun 15	11:00 AM - 11:30 AM	21048
	Sunday	Apr 6 - Jun 15	11:30 AM - 12:00 PM	21047

Swimmer 3, Ratio 1:4 - 5-12 years Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	4:30 PM - 5:15 PM	20794
	Monday	Jan 6 - Mar 24	5:00 PM - 5:45 PM	20795
	Tuesday	Jan 7 - Mar 25	4:30 PM - 5:15 PM	20796
	Tuesday	Jan 7 - Mar 25	7:15 PM - 8:00 PM	20797
	Wednesday	Jan 8 - Mar 26	5:45 PM - 6:30 PM	20798
	Wednesday	Jan 8 - Mar 26	6:30 PM - 7:15 PM	20799
	Thursday	Jan 9 - Mar 27	4:30 PM - 5:15 PM	20800
	Friday	Jan 10 - Mar 28	4:30 PM - 5:15 PM	20801
	Saturday	Jan 11 - Mar 29	8:30 AM - 9:15 AM	20802
	Saturday	Jan 11 - Mar 29	12:15 PM - 1:00 PM	20803
	Saturday	Jan 11 - Mar 29	4:00 PM - 4:45 PM	20804
	Sunday	Jan 12 - Mar 30	8:30 AM - 9:15 AM	20805
	Sunday	Jan 12 - Mar 30	9:15 AM - 10:00 AM	20806
	Sunday	Jan 12 - Mar 30	12:15 PM - 1:00 PM	20807
Spring 2025	Monday	Mar 31 - Jun 9	4:30 PM - 5:15 PM	21054
	Monday	Mar 31 - Jun 9	5:00 PM - 5:45 PM	21055
	Tuesday	Apr 1 - Jun 10	4:30 PM - 5:15 PM	21063
	Tuesday	Apr 1 - Jun 10	7:15 PM - 8:00 PM	21064
	Wednesday	Apr 2 - Jun 11	5:45 PM - 6:30 PM	21065
	Wednesday	Apr 2 - Jun 11	6:30 PM - 7:15 PM	21066
	Thursday	Apr 3 - Jun 12	4:30 PM - 5:15 PM	21062
	Friday	Apr 4 - Jun 13	4:30 PM - 5:15 PM	21053

Swimmer 3, Ratio 1:4 - 5-12 years (Continued)

Location: Atlas Tube Recreation Centre

Spring 2025	Saturday	Apr 5 - Jun 14	8:30 AM - 9:15 AM	21058
	Saturday	Apr 5 - Jun 14	12:15 PM - 1:00 PM	21056
	Saturday	Apr 5 - Jun 14	4:00 PM - 4:45 PM	21057
	Sunday	Apr 6 - Jun 15	8:30 AM - 9:15 AM	21060
	Sunday	Apr 6 - Jun 15	9:15 AM - 10:00 AM	21061
	Sunday	Apr 6 - Jun 15	12:15 PM - 1:00 PM	21059

Swimmer 3, Ratio 1:6 - 5-12 years

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	6:30 PM - 7:15 PM	20808
	Tuesday	Jan 7 - Mar 25	6:00 PM - 6:45 PM	20809
	Thursday	Jan 9 - Mar 27	6:15 PM - 7:00 PM	20810
	Saturday	Jan 11 - Mar 29	10:00 AM - 10:45 AM	20811
	Sunday	Jan 12 - Mar 30	10:00 AM - 10:45 AM	20812
Spring 2025	Monday	Mar 31 - Jun 9	6:30 PM - 7:15 PM	21067
	Tuesday	Apr 1 - Jun 10	6:00 PM - 6:45 PM	21071
	Thursday	Apr 3 - Jun 12	6:15 PM - 7:00 PM	21070
	Saturday	Apr 5 - Jun 14	10:00 AM - 10:45 AM	21068
	Sunday	Apr 6 - Jun 15	10:00 AM - 10:45 AM	21069

Swimmer 4, Ratio 1:4 - 5-12 years

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	5:15 PM - 6:00 PM	20813
	Tuesday	Jan 7 - Mar 25	6:45 PM - 7:30 PM	20814
	Tuesday	Jan 7 - Mar 25	7:15 PM - 8:00 PM	20815
	Wednesday	Jan 8 - Mar 26	4:30 PM - 5:15 PM	20816
	Thursday	Jan 9 - Mar 27	5:15 PM - 6:00 PM	20817
	Friday	Jan 10 - Mar 28	5:15 PM - 6:00 PM	20818
	Saturday	Jan 11 - Mar 29	9:15 AM - 10:00 AM	20819
	Saturday	Jan 11 - Mar 29	12:15 PM - 1:00 PM	20820
	Saturday	Jan 11 - Mar 29	4:45 PM - 5:30 PM	20821
	Sunday	Jan 12 - Mar 30	8:30 AM - 9:15 AM	20822

Swimmer 4, Ratio 1:4 - 5-12 years (Continued)

Location: Atlas Tube Recreation Centre

Spring 2025	Monday	Mar 31 - Jun 9	5:15 PM - 6:00 PM	21073
	Tuesday	Apr 1 - Jun 10	6:45 PM - 7:30 PM	21079
	Tuesday	Apr 1 - Jun 10	7:15 PM - 8:00 PM	21080
	Wednesday	Apr 2 - Jun 11	4:30 PM - 5:15 PM	21081
	Thursday	Apr 3 - Jun 12	5:15 PM - 6:00 PM	21078
	Friday	Apr 4 - Jun 13	5:15 PM - 6:00 PM	21072
	Saturday	Apr 5 - Jun 14	9:15 AM - 10:00 AM	21076
	Saturday	Apr 5 - Jun 14	12:15 PM - 1:00 PM	21074
	Saturday	Apr 5 - Jun 14	4:45 PM - 5:30 PM	21075
	Sunday	Apr 6 - Jun 15	8:30 AM - 9:15 AM	21077

Swimmer 4, Ratio 1:8 - 5-12 years

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	6:30 PM - 7:15 PM	20823
	Wednesday	Jan 8 - Mar 26	5:00 PM - 5:45 PM	20824
	Thursday	Jan 9 - Mar 27	6:00 PM - 6:45 PM	20825
	Saturday	Jan 11 - Mar 29	11:00 AM - 11:45 AM	20826
	Sunday	Jan 12 - Mar 30	10:30 AM - 11:15 AM	20827
Spring 2025	Monday	Mar 31 - Jun 9	6:30 PM - 7:15 PM	21082
	Wednesday	Apr 2 - Jun 11	5:00 PM - 5:45 PM	21086
	Thursday	Apr 3 - Jun 12	6:00 PM - 6:45 PM	21085
	Saturday	Apr 5 - Jun 14	11:00 AM - 11:45 AM	21083
	Sunday	Apr 6 - Jun 15	10:30 AM - 11:15 AM	21084

Swimmer 5, Ratio 1:10 - 5-12 years

Location: Atlas Tube Recreation Centre

Winter 2025	Wednesday	Jan 8 - Mar 26	6:00 PM - 6:45 PM	20835
	Thursday	Jan 9 - Mar 27	5:30 PM - 6:15 PM	20836
	Saturday	Jan 11 - Mar 29	10:00 AM - 10:45 AM	20837
	Sunday	Jan 12 - Mar 30	11:15 AM - 12:00 PM	20838
Spring 2025	Wednesday	Apr 2 - Jun 11	6:00 PM - 6:45 PM	21090
	Thursday	Apr 3 - Jun 12	5:30 PM - 6:15 PM	21089
	Saturday	Apr 5 - Jun 14	10:00 AM - 10:45 AM	21087
	Sunday	Apr 6 - Jun 15	11:15 AM - 12:00 PM	21088

Swimmer 5, Ratio 1:4 - 5-12 years

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	5:45 PM - 6:30 PM	20828
	Monday	Jan 6 - Mar 24	6:45 PM - 7:30 PM	20829
	Monday	Jan 6 - Mar 24	7:15 PM - 8:00 PM	20830
	Tuesday	Jan 7 - Mar 25	6:00 PM - 6:45 PM	20831
	Wednesday	Jan 8 - Mar 26	7:15 PM - 8:00 PM	20832
	Thursday	Jan 9 - Mar 27	4:30 PM - 5:15 PM	20833
	Sunday	Jan 12 - Mar 30	9:45 AM - 10:30 AM	20834
Spring 2025	Monday	Mar 31 - Jun 9	5:45 PM - 6:30 PM	21091
	Monday	Mar 31 - Jun 9	6:45 PM - 7:30 PM	21092
	Monday	Mar 31 - Jun 9	7:15 PM - 8:00 PM	21093
	Tuesday	Apr 1 - Jun 10	6:00 PM - 6:45 PM	21096
	Wednesday	Apr 2 - Jun 11	7:15 PM - 8:00 PM	21097
	Thursday	Apr 3 - Jun 12	4:30 PM - 5:15 PM	21095
	Sunday	Apr 6 - Jun 15	9:45 AM - 10:30 AM	21094

Swimmer 6, Ratio 1:4 - 5-12 years

Location: Atlas Tube Recreation Centre

Winter 2025	Tuesday	Jan 7 - Mar 25	4:30 PM - 5:15 PM	20839
	Wednesday	Jan 8 - Mar 26	7:15 PM - 8:00 PM	20840
	Thursday	Jan 9 - Mar 27	6:00 PM - 6:45 PM	20841
	Saturday	Jan 11 - Mar 29	10:45 AM - 11:30 AM	20842
	Sunday	Jan 12 - Mar 30	10:00 AM - 10:45 AM	20843
Spring 2025	Tuesday	Apr 1 - Jun 10	4:30 PM - 5:15 PM	21104
	Wednesday	Apr 2 - Jun 11	7:15 PM - 8:00 PM	21105
	Thursday	Apr 3 - Jun 12	6:00 PM - 6:45 PM	21103
	Saturday	Apr 5 - Jun 14	10:45 AM - 11:30 AM	21101
	Sunday	Apr 6 - Jun 15	10:00 AM - 10:45 AM	21102

Swimmer 6, Ratio 1:10 - 5-12 years

Location: Atlas Tube Recreation Centre

Winter 2025	Monday	Jan 6 - Mar 24	7:15 PM - 8:00 PM	20844
	Thursday	Jan 9 - Mar 27	6:45 PM - 7:30 PM	20845
	Sunday	Jan 12 - Mar 30	9:15 AM - 10:00 AM	20846
Spring 2025	Monday	Mar 31 - Jun 9	7:15 PM - 8:00 PM	21098
	Thursday	Apr 3 - Jun 12	6:45 PM - 7:30 PM	21100
	Sunday	Apr 6 - Jun 15	9:15 AM - 10:00 AM	21099

Canadian Swim Patrol (CSP)

Canadian Swim Patrol is the continuation of the Lifesaving Society's Swim for Life program. CSP has 3 levels: Rookie (7), Ranger (8) and Star (9). Swimmers will begin to learn self rescue techniques and the rescue of others while continuing to focus on endurance in the water.

Location: Atlas Tube Recreation Centre

Swimmer 7/8, Ratio 1:4 - 5-12 years

Winter 2025	Tuesday	Jan 7 - Mar 25	6:30 PM - 7:15 PM	20847
	Thursday	Jan 9 - Mar 27	6:45 PM - 7:30 PM	20848
	Sunday	Jan 12 - Mar 30	12:15 PM - 1:00 PM	20849
Spring 2025	Tuesday	Apr 1 - Jun 10	6:30 PM - 7:15 PM	21111
	Thursday	Apr 3 - Jun 12	6:45 PM - 7:30 PM	21110
	Sunday	Apr 6 - Jun 15	12:15 PM - 1:00 PM	21109

Swimmer 7/8, Ratio 1:10 - 5-12 years

Winter 2025	Monday	Jan 6 - Mar 24	6:00 PM - 6:45 PM	20850
	Tuesday	Jan 7 - Mar 25	5:15 PM - 6:00 PM	20851
	Saturday	Jan 11 - Mar 29	12:00 PM - 12:45 PM	20852
Spring 2025	Monday	Mar 31 - Jun 9	6:00 PM - 6:45 PM	21106
	Tuesday	Apr 1 - Jun 10	5:15 PM - 6:00 PM	21108
	Saturday	Apr 5 - Jun 14	12:00 PM - 12:45 PM	21107

Swimmer 9, Ratio 1:4 - 5-12 years

Winter 2025	Thursday	Jan 9 - Mar 27	7:15 PM - 8:00 PM	20853
	Sunday	Jan 12 - Mar 30	12:15 PM - 1:00 PM	20854
Spring 2025	Thursday	Apr 3 - Jun 12	7:15 PM - 8:00 PM	21114
	Sunday	Apr 6 - Jun 15	12:15 PM - 1:00 PM	21113

Swimmer 9, Ratio 1:10 - 5-12 years

Winter 2025	Tuesday	Jan 7 - Mar 25	7:15 PM - 8:00 PM	20855
Spring 2025	Tuesday	Apr 1 - Jun 10	7:15 PM - 8:00 PM	21112



Dog Tag Program Discontinued

Lakeshore's Dog Tag program has been discontinued. Dog owners are no longer required to purchase a dog tag every year. However, owners are still required to ensure their dog is identifiable through a dog tag or microchip.

Commercially sold dog tags can be purchased at any pet store or online and must contain the dog's name and a contact number. Microchips are available through your veterinarian or the Windsor/Essex County Humane Society. Learn more at Lakeshore.ca/DogTags

Adult Swimming Lessons

Adult 1, Ratio 1:8 - 13 years +

Adult 1 is for beginner swimmers over the age of 13 years who want to learn the basic principles of swimming. Participants in this program will work on breath control, floating and short distance swimming on their own. **Location: Atlas Tube Recreation Centre**

Winter 2025	Thursday	Jan 9 - Mar 27	7:30 PM - 8:00 PM	20856
	Friday	Jan 10 - Mar 28	5:30 PM - 6:00 PM	20857
Spring 2025	Thursday	Apr 3 - Jun 12	7:30 PM - 8:00 PM	20992
	Friday	Apr 4 - Jun 13	5:30 PM - 6:00 PM	20991

Adult 2, Ratio 1:8 - 13 years +

Adult 2 is for participants 13 years and older who want to continue to develop their front and back crawl strokes and enhance their endurance in the water. Candidates must have completed Adult 1 in order to enroll. **Location: Atlas Tube Recreation Centre**

Winter 2025	Monday	Jan 6 - Mar 24	7:30 PM - 8:00 PM	20858
	Saturday	Jan 11 - Mar 29	8:30 AM - 9:00 AM	20859
Spring 2025	Monday	Mar 31 - Jun 9	7:30 PM - 8:00 PM	20994
	Saturday	Apr 5 - Jun 14	8:30 AM - 9:00 AM	20993

Aquatic Leadership Training

Bronze Star - 8 years +

This course is for candidates 8-12 years old that want to start their lifeguard training early. Participants will develop problem-solving and decision-making skills individually and in partners. This course includes certification in Basic First Aid and CPR-A. Recommended completion of Canadian Swim Patrol levels. **This course requires 100% attendance. Location: Atlas Tube Recreation Centre**

Winter 2025	Sunday	Jan 12 - Mar 30	10:30 AM - 11:45 AM	20864
Spring 2025	Sunday	Apr 6 - Jun 15	10:30 AM - 11:45 AM	20987

Bronze Medallion - 13 years +

This course is the first step in the Lifesaving Society's leadership program. Program includes a mix of classroom and pool learning. Upon successful completion candidates will also be certified in Emergency First Aid and CPR-B. **This course requires 100% attendance.** Candidates must be 13 years old or hold a current Bronze Star certification. **Location: Atlas Tube Recreation Centre**

Winter 2025	Wednesday	Jan 8 - Feb 19	5:00 PM - 8:15 PM	20865
	Thursday	Feb 6 - Mar 27	5:00 PM - 8:15 PM	21115
Spring 2025	Wednesday	Apr 9 - May 21	5:00 PM - 8:15 PM	20986

Bronze Cross

This course is the second step in the Lifesaving Society's leadership program. Participants learn the difference between lifesaving and lifeguarding, how to deal with emergency situations and how to work effectively as a team. Candidates must have completed Bronze Medallion and Emergency First Aid. **This course requires 100% attendance. Location: Atlas Tube Recreation Centre**

Winter 2025	Monday	Jan 13 - Mar 17	5:00 PM - 8:00 PM	20866
Spring 2025	Monday	Apr 7 - Jun 2	5:00 PM - 8:00 PM	20985

Assistant Instructor - 14 years +

This course is the first step to becoming a Swim Instructor. Through classroom learning and in-water practice candidates learn the roles and responsibilities of instructors and their assistants. Must have completed Bronze Cross and be 14 years old to enroll. **This course requires 100% attendance.** This course is recommended but not required. **Location: Atlas Tube Recreation Centre**

Winter 2025	Tuesday	Jan 21 - Feb 25	5:00 PM - 8:00 PM	20867
Spring 2025	Tuesday	Apr 15 - May 20	5:00 PM - 8:00 PM	20984

National Lifeguard with SFA - 15 years +

This certification allows candidates to work as a lifeguard at a pool. Course includes Standard First Aid certification. Teamwork, leadership, communication and a high level of physical fitness will be necessary for successful completion. Must have completed Bronze Cross, Standard First Aid and be 15 years of age by the exam date. **This course requires 100% attendance.**
Location: Atlas Tube Recreation Centre

Winter 2025	Sunday	Jan 12 - Mar 23	9:00 AM - 2:45 PM	20868
Spring 2025	Sunday	Apr 6 - Jun 15	9:00 AM - 2:45 PM	20989

LSS/Swim/EFA Instructors - 15 years +

The Lifesaving Society Swim Instructor & Lifesaving Instructor course prepares candidates to teach and evaluate basic swim strokes and related skills of the Swim for Life program. Candidates are also certified to teach and evaluate (some items) of the Lifesaving programs. Must have completed Bronze Cross, Assistant Instructors (recommended) and be 15 years old by the last day of class. **This course requires 100% attendance. Location: Atlas Tube Recreation Centre**

Winter 2025	Friday Saturday	Jan 31 - Feb 15	5:00 PM - 9:00 PM 8:30 AM - 6:45 PM	20869
Spring 2025	Friday Saturday	Apr 25 - May 10	5:00 PM - 9:00 PM 8:30 AM - 6:45 PM	20988

National Lifeguard - Pool Recertification - 15 years +

In order to remain current lifeguards must recertify this qualification within 2 years by passing this exam. **Location: Atlas Tube Recreation Centre**

Spring 2025	Sunday	May 25	3:30 PM - 10:30 PM	21116
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Want to Become a **Lifeguard?**

**Here Are
The Steps**

**Bronze
Medallion**

**Swim
Lifesaving
Instructor**

**Bronze
Cross**

**National
Lifeguard
Pool**

**Assistant
Instructor
(Recommended)**



For questions about becoming a lifeguard email RecInfo@Lakeshore.ca or call 519-728-2700.

Lakeshore Town Hall renovations are coming up!

While the building will be closed for a period of time, Lakeshore will continue to provide the same high-quality, in-person service that you are used to. **All Town Hall services will now be temporarily moved to:**

Atlas Tube Recreation Centre

447 Renaud Line Rd, Belle River, ON

Services will be available **Monday to Friday, from 8:30 AM to 4:30 PM.**

By-law

✉ Bylaw@Lakeshore.ca

- By-law complaints/inquiries, and addressing concerns in the community.

Legislative Services

✉ Clerk@Lakeshore.ca

- Lottery licensing, and home alarm registration. Commissioner of oaths and marriage certificates, by appointment only.

Revenue

✉ Revenue@Lakeshore.ca

- Property tax, water account changes and inquiries. Payments for dog tags, home alarm, fill station, tickets, licences, and bills.

Building & Planning

✉ Building@Lakeshore.ca

- Building permit consultations, inquiries, and payments. Appointments for consultation meetings are recommended.

✉ Planning@Lakeshore.ca

- Planning consultations, inquiries, and payments. Appointments for consultation meetings are recommended.

Building and Planning applications are available online at [Lakeshore.ca/Permits](https://www.lakeshore.ca/Permits)



Lakeshore's PSU is Here to Help

The Municipality of Lakeshore's Public Service Unit (PSU) is your one-stop shop to municipal services and information! The PSU is here to help with general inquiries or a seamless connection to ensure you get the information you need quickly and efficiently. Call **519-728-2700** or email PublicService@Lakeshore.ca Monday-Friday, 8:30 AM-4:30 PM

Learn more at [Lakeshore.ca/TownHallRenos](https://www.lakeshore.ca/TownHallRenos)



Winter Kick-Off Celebration

December 21, 2024 | Atlas Tube Recreation Centre

Basketball

11:00 AM - 11:50 AM
12:00 PM - 12:50 PM

Family Pickleball

(Reserve by Court)

1:00 PM - 1:50 PM
2:00 PM - 2:50 PM

Preschool Play

8:30 AM - 9:20 AM
9:30 AM - 10:20 AM

Skating

9:00 AM - 9:50 AM
10:00 AM - 10:50 AM
11:00 AM - 11:50 AM

Swimming

9:00 AM - 10:00 AM
10:30 AM - 11:30 AM
12:00 PM - 1:00 PM

**All activities
are FREE!**



Call **519-728-2700** or book online by scanning the QR code or visiting Lakeshore.ca/Recreation to reserve your spot for swimming, basketball, pickleball, and skating.

