

RECREATION Activity Guide

Summer 2024



Fun in the Sun!

Featuring upcoming family-friendly programs and events happening this summer in Lakeshore.

 519-728-2700

 [Lakeshore.ca](https://www.lakeshore.ca)

 RecInfo@Lakeshore.ca

 @LakeshoreON
@LakeshoreRec

 @TweetLakeshore
@LakeshoreRec

   @MunicipalityOfLakeshore
@LakeshoreRecreation



OUR COMMUNITIES. OUR HOME.

Together We Are Lakeshore | [Lakeshore.ca](https://www.lakeshore.ca)

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Summer Events in Lakeshore

Belle River BIA's Stroll the Street
(Notre Dame St.)

- June 14
- August 16
- September 20
- October 18

Belle River BIA's Sunsplash Festival
(Lakeview Park)

- July 12 - 14

165th Annual Comber Fair
(Comber Fairgrounds)

- August 9 – 11



Stay up-to-date on upcoming local events for a summer of family fun by **scanning the QR code** or be visiting Lakeshore.ca/Events

Mayor's Message: 25 Years Together



Tracey Bailey

Municipality of Lakeshore Mayor

2024 marks 25 years after amalgamation, the event which brought together the Lakeshore that we know today, a community of communities.

From Elmstead to Lighthouse Cove, Point-aux-Roches to South Woodslee, Lakeshore is home to so much history and heritage for us to be proud of. While we may share a name as one municipality, one Lakeshore, we also celebrate and honour the unique identities of the communities that we call home.

Developing an approach to celebrating our individual communities as part of a shared identity is one of Council's priorities for this term, and we are proud to lead Lakeshore toward a future which respects and honours our past.

This year is a shining example of Lakeshore's identity as a community of communities. During our Canada Day festivities at Lakeview Park on July 1, we'll also celebrate the community of Belle River's 150th anniversary. Later this summer, Comber will host the 165th annual Comber Fair, a celebration of our area's agricultural roots. These events are reminders of the communities we relate to, and the hard work of those individuals who volunteer their time to celebrate their communities' milestones.

These celebrations, and our vision of Lakeshore, reflect that we are more than just the sum of our communities. As a Council, we are committed to not only honouring our history but also forging a path that recognizes our strength as one, because...

TOGETHER WE ARE

Lakeshore

A handwritten signature in blue ink that reads "T. Bailey". The signature is fluid and cursive.

Mayor Tracey Bailey

Summer Safety Reminder



Summer Safety Tips



- Clean your BBQ once a year and keep it at least one metre from your home.
- Never leave your BBQ unattended.
- Check fire extinguishers and ensure they are still charged and full.
- Have a "Go Bag" ready for any natural disaster or threatening storms.
- Never play or walk along the train tracks.
- Wear life jackets when on or near the water.
- Watch for children playing on/near roads.
- Never drive under the influence.



Fire Prevention Week 2024

Fire Prevention Week 2024 is October 6 to 12, 2024, and this year's theme is "Smoke alarms: Make them work for you". The campaign aims to educate families about the importance of having working smoke alarms in their homes.

For the most up-to-date information about Fire Prevention Week events, open houses, and activities, check out Lakeshore's social media or visit Lakeshore.ca/FPW



Mayor
Tracey Bailey
TBailey@Lakeshore.ca
519-728-2700 Ext. 298



Deputy Mayor
Kirk Walstedt
KWalstedt@Lakeshore.ca
519-728-2700 Ext. 218



Ward 1
Ryan McNamara
RMcNamara@Lakeshore.ca
519-728-2700 Ext. 211



Ward 4
John Kerr
JKerr@Lakeshore.ca
519-728-2700 Ext. 214



Ward 2
Paddy Byrne
PByrne@Lakeshore.ca
519-728-2700 Ext. 212



Ward 5
Ian Ruston
IRuston@Lakeshore.ca
519-728-2700 Ext. 215



Ward 3
Kelsey Santarossa
KSantarossa@Lakeshore.ca
519-728-2700 Ext. 213



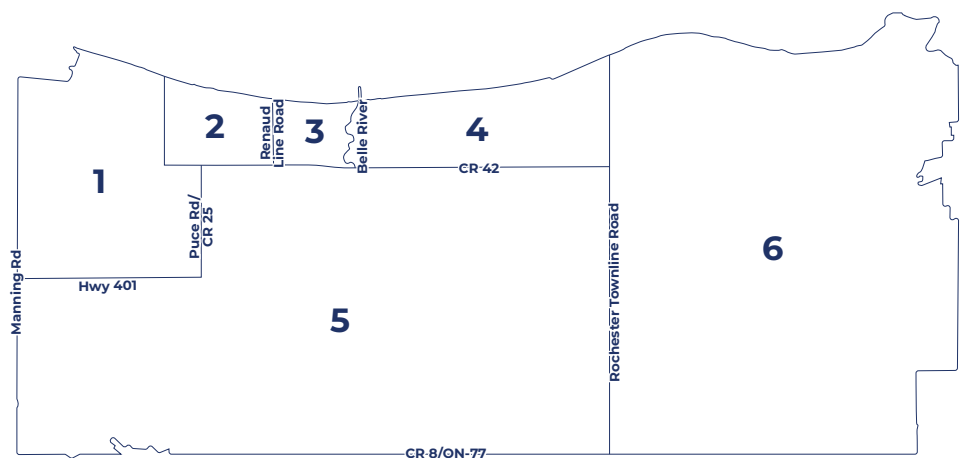
Ward 6
Larissa Vogler
LVogler@Lakeshore.ca
519-728-2700 Ext. 216

Connect With Council

To find a schedule of upcoming Council and committee meetings, current and past agendas, minutes and livestreams, scan the QR code below or visit Lakeshore.ca/Council



Lakeshore Ward Map



Parks and Recreation Contacts



**Corporate Leader
- Community Health
and Safety Services**

Frank Jeney
FJeney@Lakeshore.ca

With summer upon us, Lakeshore’s recreation activities shift into high gear. Longer days and warmer weather are the perfect backdrop for outdoor fun, with our parks and facilities playing host to a variety of summer programs.

From our popular Summer Concert Series and sports leagues happening in parks throughout Lakeshore, to family-friendly events like Canada Day at Lakeview Park, there are opportunities for all ages to enjoy the season, stay healthy, and connect with their neighbours.

Team Lakeshore is proud to be able to facilitate recreational opportunities throughout our communities. We are dedicated to providing safe and accessible programs and spaces, and we are always open to hear feedback on how we can improve these offerings.

We encourage you, your family, and visitors, to embrace the spirit of summer and enjoy all that Lakeshore has to offer.

Recreation



**Team Leader
- Recreation**
Jessica Sabolick
JSabolick@Lakeshore.ca

Facilities and Parks



**Division Leader
- Facilities and Parks**
William (Bill) Quinlan
WQuinlan@Lakeshore.ca



**Team Leader
- Aquatics**
George Turnbull
GTurnbull@Lakeshore.ca



**Team Leader
- Parks and Trails**
Beau Blais
BBlais@lakeshore.ca

Public Service Unit



**Division Leader
- Client Services Delivery**
Jenna Smith
JSmith@Lakeshore.ca

Questions? We Have Answers!

For rentals, bookings, and general inquiries, please contact the Public Service Unit at **519-728-2700** or email **PublicService@Lakeshore.ca**

2024 Holiday Facility Closures

Please take note of the following dates in which we will be experiencing facility closures or changes to regular hours of operation.

December 24, 2023 – Jan 2, 2024 | (December Holiday)

Municipal offices closed. ATRC reduced hours.

February 19 | (Family Day)

Municipal offices closed. ATRC reduced hours.

March 29 | (Good Friday) All facilities closed.

March 31 | (Easter Sunday) All facilities closed.

April 1 | (Easter Monday)

Municipal offices closed. ATRC open.

May 20 | (Victoria Day) All facilities closed.

July 1 | (Canada Day) All facilities closed.

August 5 | (Civic Holiday) All facilities closed.

September 2 | (Labour Day) All facilities closed.

September 30 | (National Day for Truth & Reconciliation)

Municipal offices closed. ATRC open.

October 14 | (Thanksgiving) All facilities closed.

November 11 | (Remembrance Day)

Municipal offices closed. ATRC open.

December 24, 2024 – Jan 2, 2025 | (December Holiday)

Municipal offices closed. ATRC reduced hours.



For more information, call **519-728-2700** or visit Lakeshore.ca/Closures.
The above facility closures are subject to change.

Lakeshore Minor Sports Contacts



**Belle River District
Minor Hockey**
president@brdmha.com
brdmha.com



**Skate Lakeshore
Synchronized Skating**
519-727-6919
skatelakeshore.com



Belle River Soccer
belleriversoccerinfo@gmail.com
belleriversoccer.com



**Stoney Point
Soccer Club**
stonepointsoccer@gmail.com
stonepointsoccer.com



Comber Minor Baseball
comberminorball@hotmail.com
Comber Minor Baseball (Facebook)



**St. Joachim Athletic
Association**
sjaaemail@gmail.com
SJAA Baseball and Soccer (Facebook)



**Lakeshore Lightning
Girls Hockey**
president@lakeshorelightning.com
lakeshorelightning.com



**Woodslee Baseball
Association**
woodsleebaseballassociation
@outlook.com



Lakeshore Minor Baseball
lakeshoreminorbaseball.ca
Lakeshore Minor Baseball (Facebook)



**Skate Lakeshore
Skating Club**
519-727-6919
skatelakeshore.com



**Want to see your minor sport organization or group
listed in upcoming Activity Guides?**

Email your organizations name, logo, email address,
and website to RecInfo@Lakeshore.ca to be included.



Summer Registration Dates

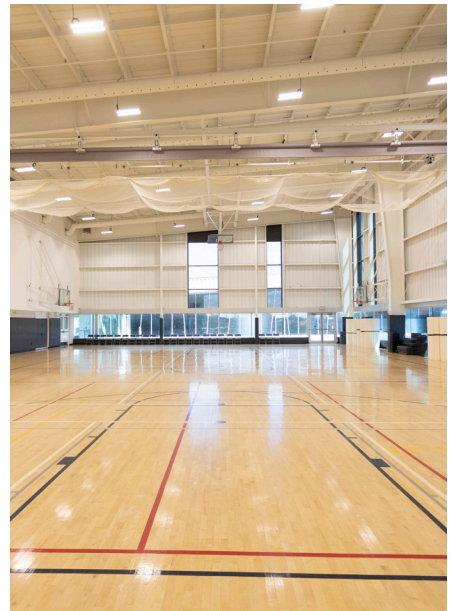
Summer 2024 (8 Weeks) | Non-Aquatic Programs
July 8 - September 1
Registration begins Wednesday, June 12 at 9:00 AM

Summer 2024 (9 Weeks) | Aquatic Programs
July 2 - September 1
Registration begins Wednesday, June 12 at 9:00 AM



To register, **scan the QR code**, visit Lakeshore.ca/Recreation, call **519-728-2700** or visit the **Atlas Tube Recreation Centre customer service desk**.

Payment is required at the time of registration. Registration is on a first come, first served basis. Programs fill up quickly. No registrations or class transfers will be accepted after the third class.





Lakeshore Summer Camp Information

CAMP THEMES

Jul 2 - 5: Adventure Week
Jul 8 - 12: Holiday Week
Jul 15 - 19: Animal Week
Jul 22 - 26: Olympic Week
Jul 29 - Aug 2: S.T.E.M Week
Aug 6 - 9: Food Week
Aug 12 - 16: Disney Week
Aug 19 - 23: Decades Week
Aug 26 - 30: Space Week

LUNCHES

Monday – Cheesy Pasta
Tuesday – Tacos
Wednesday – Turkey Snackables
Thursday – Spaghetti & Tomato Sauce
Friday – McDonald's Hotcakes

We are a NUT FREE camp.

DAILY CAMP SCHEDULE

1. Drop Off/Free Play
2. Attendance/Camp Rules
3. Outside Group Play
4. Morning Snack
5. Outside Group Play
6. Lunch
7. ATRC Campers: Swim/Small Group Activities
8. Libro Campers: Swim/Water Activities
9. Afternoon Snack
10. Indoor Large Group Activities
11. Pick Up/Free Play

FIELD TRIPS

River Ridge Park

- **Jul 11, 25, Aug 8, & Aug 22** - Senior Campers
- **Jul 23 & Aug 20** - Junior Campers

Maidstone Museum (to learn about Pollinators)

- **Jul 17** - Senior and Libro Campers
- **Jul 18** - Junior and Little Lakeshore Campers

IMPORTANT INFORMATION

Registration form must be completed for ALL children prior to their first day of camp.

Government issued photo ID is mandatory EVERY DAY for all parents and guardians picking up a child.

REFUND POLICY: Parent or Guardian must call the Public Service Unit at 519-728-2700 prior to 8:00 AM on the first day of the camp week. Refunds are only available for the entire week; no individual day refunds will be issued. Full refunds can be made to the ActiveNet account, or a \$40 administrative fee will be charged for refunds.

A Parent Guide and Weekly Activity information will be sent by email to all campers prior to the week of camp or can be found at [Lakeshore.ca/Camps](https://www.lakeshore.ca/Camps)

Please make sure your ActiveNet account is up to date with Parent/Guardian and Campers correct information to ensure all documents are promptly received. For assistance, call the Public Service Unit at **519-728-2700**.

Learn more at: [Lakeshore.ca/Camps](https://www.lakeshore.ca/Camps)

Program Registration Information

- Registration options include in-person at the **Atlas Tube Recreation Centre customer service desk**, online at **Lakeshore.ca/Recreation** and by phone **519-728-2700**.
- Registration is first come, first served. Programs fill up quickly!
- Program fees have already been pro-rated to take into consideration classes that fall on statutory holidays or for special event rentals.
- If you cannot be accommodated in any of your selections, you can request to be placed on a waiting list. Participants cannot be registered in one class and on a waiting list for another class. Individuals will only be contacted if a space becomes available, or if a new class has been added.
- **No registrations or class transfers will be accepted after the third class. No credits or make up classes are available for missed classes. Programs will not be overbooked; make sure you are ready to register at the day and time of registration.**
- Classes will be cancelled before the program start date if we do not meet our minimum registration numbers. Please register for all programs prior to the first day of classes.
- If Lakeshore cancels your class, a refund will be issued.
- If you withdraw from a class, you will be offered a credit/refund minus the cost of the classes attended, and the administration fee.
- **A \$40.00 Administration Fee will be charged for all refunds. No credit or make up classes for missed classes. (Fee may change due to approved schedule of fees.)**
- Should any of Lakeshore Recreation's programs be cancelled due to extreme weather conditions or other circumstances. Class members will be notified by phone and the class cancellation will be posted to social media. (Refunds issued.)
- If three (3) or more members of the same household register in programs or the same person registers in 3 or more programs in the same session, a 10% discount will be applied to most programs.
- Income tax receipts can be found on your online account, by calling our Public Service team at **519-728-2700** or by emailing **RecInfo@Lakeshore.ca**
- Consult your doctor before starting any exercise programs—please be aware that there are always risks associated with any physical activity. Before you begin any fitness program, it is always best to check with your doctor.
- For any concerns related to Lakeshore Recreation programs, scheduling, or registration, please call **519-728-2700** or email **RecInfo@Lakeshore.ca**

How To Register Online

The most efficient way to register for programs is online.

First Time Registering for Programs?

You will first need to create an account. To create an account with us, please call 519-728-2700 or stop by our customer service desk.

Logging into your Account

The username is the email associated with your account and the password you have created. If you do not remember your password, or it is the first time you are logging in, you will click “forgot your password” and create your new password.

Finding Programs

You can search for programs by the name of the program, age, or category.

Tips and Tricks for Registration Day

Prior to registration opening, search for the programs you are interested in, and add them to your wish list by clicking on the heart next to the program. Please note, adding to your wish list does not guarantee your registration spot is reserved.

Registration Day

Log into your account, go to your wish list, wait for the registration to open, click enroll now, select the participant you are enrolling, and then repeat for all wish listed items. Once all programs have been added to your cart, you can click on My Cart and check out by completing the transaction with an online payment.

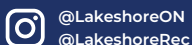
Stay Connected

Check out our latest posts and help us share what is happening in Lakeshore to residents and visitors! Follow us on social media and join the discussion.



TOGETHER WE ARE

Lakeshore



Pathway To Potential Funding (P2P)

Pathway to Potential allows 90% of the registration fee for recreation, leisure, social, and educational programs to be covered for eligible participants through a subsidy funding program.

Criteria to qualify for this program:

- Only Lakeshore residents are eligible to apply.
- Funds are based on size of family and net income levels.
- Funds are a first come, first served basis and are limited.
- Only approved programs are eligible for coverage.
- Must apply yearly to qualify for funding.

Annual maximum set amount as established by the Municipality of Lakeshore per person.

To apply, you must provide:

Proof of the current year's Canada Child Tax Benefit (CCTB) and Notice of Assessment through Revenue Canada that includes eligible children/ages, and a parent/guardians government issued photo ID.

An application must be submitted to Lakeshore Recreation Services with the above documents no later than two weeks before the start date of the recreation program registration date.

Approval from Recreation Services MUST be provided to any organization before registration.

For more information, call **519-728-2700** or email **RecInfo@Lakeshore.ca**.

P2P DISCOUNTS
90%
RECREATION Discount

PATHWAY TO POTENTIAL
Social Investment Windsor-Essex

#1 eligibility
#2 funding
#3 pay 10%

Program eligibility is based on annual income.
Funding is limited & based on a first come first serve basis.
The registrant is responsible to pay 10% of the program cost at the time of registration.

Hockey | Gymnastics | Dance | Outdoor Soccer | Gymnasium Activities | Swimming | Baseball | Crafts

Preschool Activities (Non-Aquatic)

Parent & Tot (2-3 Years) and Preschool Programs (3-4 Years)

Note: Participant must be the age indicated on each program as of the first day of class.

For program prices visit Lakeshore.ca/Recreation or call 519-728-2700

Summer Non-Aquatics Jul 8 to Sep 1 | Summer Aquatics Jul 2 to Sep 1

Dance Fusion - 3-4 years

An introduction to dance that includes Tap, Jazz, Ballet, and Hip Hop. Children review basic skills including coordination, structure, various movements, and choreographic routines.

Location: Atlas Tube Recreation Centre

Summer 2024	Saturday	Jul 13 - Aug 31	9:00 AM - 9:50 AM	18899
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Preschool Art - 3-4 years

Explore your child's talents through hand painting, pasting, cutting, colouring, and other fun sensory materials to enhance creativity. Location: Atlas Tube Recreation Centre

Summer 2024	Monday	Jul 8 - Aug 26	5:30 PM - 6:20 PM	18900
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Summer Parks Reminder

As the summer season starts back up, help keep our local facilities clean and safe for all users. When using Lakeshore's parks, **obey all park signs/rules, use the garbage and recycling containers provided, and do not smoke in any Lakeshore parks or beaches.**

Remember, **personal barbecues are not permitted to be brought/used in local parks.** If you would like to use a barbecue for a gathering, Lakeshore has installed permanent barbecues at Optimist and Lakeview Parks. Barbecues must not be left unattended, and all hot coals must be placed in provided containers or removed and disposed of by the user. For more info, **scan the QR code** and refer to By-law 018-2016 or visit Lakeshore.ca/Bylaws



If you are in a park and see any suspicious activity, have any comments, questions, or concerns, please contact PublicService@Lakeshore.ca

Youth Activities (Non-Aquatic)

Youth Programs (5-14 Years)

Note: Participant must be the age indicated on each program as of the first day of class.

For program prices visit Lakeshore.ca/Recreation or call 519-728-2700

Summer Non-Aquatics Jul 8 to Sep 1 | Summer Aquatics Jul 2 to Sep 1

Dance Fusion - 5-8 years

An introduction to dance that includes Tap, Jazz, Ballet and Hip Hop. Children review basic skills including coordination, structure, various movements, and choreographic routines.

Location: Atlas Tube Recreation Centre

Summer 2024	Saturday	Jul 13 - Aug 31	10:00 AM - 10:50 AM	18908
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JR Hip Hop - 5-8 years

This beginner Hip Hop class focuses on coordination through music. Learning the fundamentals of Hip Hop dance gives your child the opportunity to enhance specified dance skills and enhances fitness levels. Location: Atlas Tube Recreation Centre

Summer 2024	Tuesday	Jul 9 - Aug 27	6:00 PM - 6:50 PM	18903
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JR Sports Mania - 5-8 years

Enjoy a variety of sports games weekly that include a choice of floor hockey, indoor soccer, dodge ball, soccer races, and "sport of choice" week.

Location: Atlas Tube Recreation Centre

Summer 2024	Monday	Jul 8 - Aug 26	6:00 PM - 6:50 PM	18901
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JR STEM - 5-8 years

Junior STEM integrates science, technology, engineering and mathematics. Children will investigate, and engineer problems to solutions and construct evidence-based explanations of real world ideas.

Location: Atlas Tube Recreation Centre

Summer 2024	Wednesday	Jul 10 - Aug 28	6:00 PM - 6:50 PM	18905
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Dance Fusion - 9-12 years

An introduction to dance that includes Tap, Jazz, Ballet, and Hip Hop. Children review basic skills including coordination, structure, various movements, and choreographic routines.

Location: Atlas Tube Recreation Centre

Summer 2024	Saturday	Jul 13 - Aug 31	11:00 AM - 11:50 AM	18909
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SR Hip Hop - 9-12 years

This class builds on the fundamentals of Hip Hop as well as expanding dancer's range of movement and understanding of choreography and special sense. A dance recital is planned for the end of the season. **Location: Atlas Tube Recreation Centre**

Summer 2024	Tuesday	Jul 9 - Aug 27	7:00 PM - 7:50 PM	18904
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SR Sports Mania - 9-12 years

Enjoy a variety of sports games weekly that include a choice of floor hockey, indoor soccer, dodge ball, soccer races, and "sport of choice" week. **Location: Atlas Tube Recreation Centre**

Summer 2024	Monday	Jul 8 - Aug 26	7:00 PM - 7:50 PM	18902
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SR STEM - 9-12 years

Senior STEM integrates science, technology, engineering and mathematics. Children will investigate, and engineer problems to solutions and construct evidence-based explanations of real world ideas.

Location: Atlas Tube Recreation Centre

Summer 2024	Wednesday	Jul 10 - Aug 28	7:00 PM - 7:50 PM	18906
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Teen Yoga - 12-16 years

This class will guide the participants through a series of movements and breath work. Participants will learn techniques for concentrating and reducing stress while improving strength, balance, and flexibility. **Location: Atlas Tube Recreation Centre**

Summer 2024	Wednesday	Jul 10 - Aug 28	6:00 PM - 6:50 PM	18907
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Adult Fitness Activities (Non-Aquatic)

Note: Participant must be the age indicated on each program as of the first day of class.

Barre - 16 years +

NEW! Barre will use a combination of exercises inspired by ballet and other disciplines like yoga and Pilates. The barre is used as a prop to balance while doing exercises that focus on isometric strength training combined with high reps of small range-of motion movements.

Location: Atlas Tube Recreation Centre

Summer 2024	Monday	Jul 8 - Aug 26	9:30 AM - 10:20 AM	18910
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Tighten and Tone - 16 years +

Tighten and Tone from head to toe with a combination of weights, bands and steps. Using a variety of resistance training techniques and controlled movement - key muscle groups will be challenged to enhance definition and shape. **Location: Atlas Tube Recreation Centre**

Summer 2024	Tuesday	Jul 9 - Aug 27	6:00 PM - 6:50 PM	18914
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Pilates Plus - 16 years +

In this dynamic class, we fuse the core principles of traditional Pilates with high-intensity interval training (HIIT) for a comprehensive workout that targets strength, flexibility, and endurance. Pilates Plus incorporates a variety of equipment such as resistance bands, stability balls, and light weights to intensify the Pilates movements and amplify results. **Location: Atlas Tube Recreation Centre**

Summer 2024	Tuesday	Jul 9 - Aug 27	7:00 PM - 7:50 PM	18915
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Gentle Yoga - 16 years +

This class is designed for beginners. Gentle yoga focuses on breathing, stretching and meditation. Certified yoga instructor. Mat required. **Location: Atlas Tube Recreation Centre**

Summer 2024	Monday	Jul 8 - Aug 26	7:00 PM - 7:50 PM	18912
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Hatha Yoga - 16 years +

Take the hurry out of your life and restore your mind! Hatha yoga focuses on breathing and stretching which leads to toning. This is an advanced class for non-beginners. Mat required.

Location: Atlas Tube Recreation Centre

Summer 2024	Wednesday	Jul 10 - Aug 28	7:00 PM - 7:50 PM	18913
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Pilates - 16 years +

This class is performed on a mat using the basic principles of Pilates. The focus is stabilization of the core through mindful movement and breath. Benefits of the class include whole body toning and improved flexibility, balance, and strength. **Location: Atlas Tube Recreation Centre**

Summer 2024	Wednesday	Jul 10 - Aug 28	9:30 AM - 10:20 AM	18911
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CANADA DAY JULY 1 in Lakeshore

Bring the whole family
out to Lakeshore's annual
Canada Day festivities!

2:30 PM - 10:00 PM

**Lakeview Park
& West Beach** 

River Street,
Belle River, ON

- Family activities and yard games** ●
- Live music and entertainment** ●
- Booths from local community groups** ●
- Beach volleyball tournament,** ●
registration coming soon
- Fireworks at dusk** ●

This year, the community of **Belle River** is
celebrating its **150th anniversary**, join us to also
honour this milestone.

For more information, visit
Lakeshore.ca/CanadaDay



Active Aging Series (55+) (Non-Aquatic)

For program prices visit Lakeshore.ca/Recreation or call 519-728-2700

Summer Non-Aquatics Jul 8 to Sep 1 | Summer Aquatics Jul 2 to Sep 1

Zoomers - 55 years +

Stay active for improved circulation and mobility! This physical fitness program provides a full circle approach that includes warm up, cardio, strength training, stretches, relaxation and meditation.

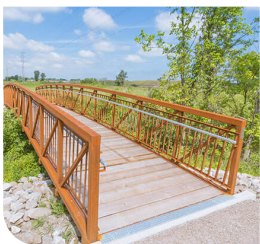
Location: Atlas Tube Recreation Centre

Summer 2024	Monday	Jul 8 - Aug 26	8:30 AM - 9:20 AM	18916
	Wednesday	Jul 10 - Aug 28	8:30 AM - 9:20 AM	18917

Stay Active

Free Recreational Activities at the Atlas Tube Recreation Centre

- **Indoor Walking Track**
Open Daily | 6:00 AM - 9:00 PM
Closed during ticketed events
- **Outdoor Earth Walk Trail**
Located behind the ATRC
- **Drop-In Skating**
Weekdays | Various Times
- **Outdoor Splash Pad**
Open daily | 9:00 AM - 8:00 PM



Drop-In Activities

Join us for a wide range of drop-in activities, including:

- Fitness Programs
- Sports and Gym Time
- Open Pool
- Open Ice Rink Sessions

Check out the most up-to-date activity schedules online by scanning the QR Code, visiting Lakeshore.ca/DropIn, or by calling 519-728-2700

LAKE SHORE PARKS
CONCERT
Series



2024

SUMMER LINEUP
7:00 - 8:30 PM

Dave Deighton
June 14, 2024
Leffler Peace Park

Dave Gatt Band
June 21, 2024
Millen Park (Woodslee)

Midlife Jazz
June 28, 2024
Lakeview Park

Jangles & Beebo
July 5, 2024 (Early start time)
Stoney Point Community Park

Richard Janik
July 19, 2024
Comber Fairgrounds

**Mississippi Mike & the
South Side Strutters**
July 26, 2024
Lakeview Park

Guitar Army
August 2, 2024
Leffler Peace Park

Elvis and Dawn Gori
August 9, 2024
Millen Park (Woodslee)

Expandable Youth
August 16, 2024
Stoney Point Community Park

Gillian Marshall
August 23, 2024
Comber Fairgrounds

**Allison Brown
& Mike Houston**
August 30, 2024
Millen Park (Woodslee)

Justin Jewel
September 6, 2024
Leffler Peace Park

John Brett
September 13, 2024
Lakeview Park



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Lakeshore.ca/ParksConcerts

Aquatic Admission Policy



Age	Information	Admission Requirements	Public Ratio	Group Ratio	Wrist-Band
5 years & under	Parent/guardian must remain “within arm’s reach” at all times	Direct supervision and accompanied by a parent/guardian “within arm’s reach” at all times	1:2 or 1:4 wearing lifejackets	1:2 or 1:4 wearing lifejackets	Pink
6 to 13 years	Not able to pass the facility swim test	Direct supervision and accompanied by a parent/guardian “within arm’s reach” at all times.	1:4 or 1:8 wearing lifejackets	1:4 or 1:8 wearing lifejackets	Orange
6 to 13 years	Able to pass the facility swim test	May swim unaccompanied. Children under 10 still require a parent or guardian present.	N/A	1:15	Green

Parents and guardians are those who are a minimum of 14 years of age and who are responsible for the direct supervision of those they are accompanying both in and out of the water, wearing proper swim attire.

Direct supervision means in the water and within arm’s reach at all times. Parents and guardians are responsible for children under the age of 10 in our aquatics facility and must supervise them at all times.

High-Risk Participants Must Be in a Ratio of 1 to 1

The Municipality of Lakeshore requires high-risk participants (those with serious medical conditions such as seizure disorders, frequent fainting or those with uncontrolled behaviours or impulses) be accompanied by an individual knowledgeable of their condition and responsible for their direct supervision at all times. It is suggested that those with seizure disorders be in a lifejacket or PFD at all times while in the pool.

Pool Memberships

Pool Recreation Membership

Space permitting, unlimited access for the duration of the membership, to any Lengths, Leisure Swim and Recreational Swim.

30 Days	90 Days	180 Days	365 Days
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Enhanced Pool Recreation Membership

Space permitting, unlimited access for the duration of the membership, to any Lengths, Leisure Swim and Recreational Swim, **plus Aquafit classes.**

30 Days	90 Days	180 Days	365 Days
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10 Visits

Lengths and Leisure Swim Punch Pass

Lengths and Leisure Swims only. **Non-expiring pass.**

10 Visits

Aquafit Punch Pass

Aquafit classes only. **Non-expiring pass.**

Summer Family Swim Pass (June 26 - Labour Day)

Space permitting, unlimited access for Recreation swims only.

Summer Adult Swim Pass (June 26 - Labour Day)

Space permitting, unlimited access for Recreation swims only.

Summer Youth Swim Pass (June 26 - Labour Day)

Space permitting, unlimited access for Recreation swims only. **(up to age 14)**

Summer Youth Swim Pass (June 26 - Labour Day)

Space permitting, unlimited access for Recreation swims only. **(ages 15-17)**

Summer Organization Swim Pass (June 26 - Labour Day)

Space permitting, unlimited access for Recreation swims only.
Valid for a recognized organization up to 6 people.



Unless specified, all the above memberships and punch passes are for one (1) individual only. No access privileges will be granted with membership (members not granted access earlier than drop-in customers). Memberships cannot be transferred to another individual or redeemed for cash. Reservations are strongly recommended for Recreational Swims.

Scan the QR code or visit Lakeshore.ca/Recreation for more information.

Parent and Tot Swimming Lessons

For program prices visit Lakeshore.ca/Recreation or call 519-728-2700

Summer Non-Aquatics Jul 8 to Sep 1 | Summer Aquatics Jul 2 to Sep 1

Aqua Parent & Tot, 1/2/3 Ratio 1:12 3M-3 years

Spend quality time with your child while you both learn, have fun and socialize in the water. Tot must be accompanied in the water at all times by an adult or caregiver within arms reach of the child. Ratio 1 to 12. One adult per registered participant. **Location: Atlas Tube Recreation Centre**

Summer 2024	Wednesday	Jul 3 - Aug 28	10:45 AM - 11:15 AM	18921
	Wednesday	Jul 3 - Aug 28	5:30 PM - 6:00 PM	18922
	Thursday	Jul 4 - Aug 29	10:30 AM - 11:00 AM	18923
	Thursday	Jul 4 - Aug 29	5:00 PM - 5:30 PM	18924
	Friday	Jul 5 - Aug 30	10:30 AM - 11:00 AM	18925
	Friday	Jul 5 - Aug 30	5:00 PM - 5:30 PM	18926
	Saturday	Jul 6 - Aug 31	9:00 AM - 9:30 AM	18927
	Sunday	Jul 7 - Sep 1	9:30 AM - 10:00 AM	18928
	Monday	Jul 8 - Aug 26	10:15 AM - 10:45 AM	18919
	Monday	Jul 8 - Aug 26	4:30 PM - 5:00 PM	18920

Aqua Parent & Tot Plus, Ratio 1:4 - 2-3 years

If your child has completed all of the Parent & Tot 3 content but is not old enough to enroll in the aqua preschool programs, than this is the class for them. Participants must be comfortable being in the water without their parent. Content will be from the aqua preschool program.

Location: Atlas Tube Recreation Centre

Summer 2024	Wednesday	Jul 3 - Aug 28	10:45 AM - 11:15 AM	18929
	Wednesday	Jul 3 - Aug 28	5:00 PM - 5:30 PM	18930
	Sunday	Jul 7 - Sep 1	10:00 AM - 10:30 AM	18931

Aqua Preschool participants will learn to enter and exit the water. They will also work on water movement and breath control while having fun.

Aqua Preschool 1, Ratio 1:4 3-5 years

Location: Atlas Tube Recreation Centre

Summer 2024	Tuesday	Jul 2 - Aug 27	10:30 AM - 11:00 AM	18935
	Wednesday	Jul 3 - Aug 28	10:15 AM - 10:45 AM	18936
	Wednesday	Jul 3 - Aug 28	6:30 PM - 7:00 PM	18937
	Thursday	Jul 4 - Aug 29	11:00 AM - 11:30 AM	18938
	Thursday	Jul 4 - Aug 29	4:30 PM - 5:00 PM	18939
	Friday	Jul 5 - Aug 30	10:45 AM - 11:15 AM	18940
	Saturday	Jul 6 - Aug 31	10:30 AM - 11:00 AM	18941
	Sunday	Jul 7 - Sep 1	9:00 AM - 9:30 AM	18942
	Sunday	Jul 7 - Sep 1	9:45 AM - 10:15 AM	18943
	Monday	Jul 8 - Aug 26	10:15 AM - 10:45 AM	18933
	Monday	Jul 8 - Aug 26	6:45 PM - 7:15 PM	18934

Aqua Preschool 1, Ratio 1:6 3-5 years

Location: Atlas Tube Recreation Centre

Summer 2024	Tuesday	Jul 2 - Aug 27	5:00 PM - 5:30 PM	18968
	Thursday	Jul 4 - Aug 29	5:45 PM - 6:15 PM	18969
	Friday	Jul 5 - Aug 30	5:30 PM - 6:00 PM	18970
	Sunday	Jul 7 - Sep 1	11:30 AM - 12:00 PM	18971
	Monday	Jul 8 - Aug 26	6:00 PM - 6:30 PM	18967



Unsure of what swimming level to register your child in?

Lakeshore offers **FREE swim assessments** for anyone interested in signing up for our learn to swim programs. Swim assessments can be done during Friday, Saturday, or Sunday Recreational Swims. No appointment is needed. One of our certified swim instructors will evaluate your child's basic swimming skills to determine the best-fit class for them.



Check available weekend recreational swim times by calling **519-728-2700** or online at Lakeshore.ca/DropIn

Aqua Preschool 2, Ratio 1:4 3-5 years

Location: Atlas Tube Recreation Centre

Summer 2024	Tuesday	Jul 2 - Aug 27	4:30 PM - 5:00 PM	18975
	Wednesday	Jul 3 - Aug 28	4:30 PM - 5:00 PM	18976
	Thursday	Jul 4 - Aug 29	5:15 PM - 5:45 PM	18977
	Friday	Jul 5 - Aug 30	10:45 AM - 11:15 AM	18978
	Saturday	Jul 6 - Aug 31	12:00 PM - 12:30 PM	18979
	Sunday	Jul 7 - Sep 1	8:30 AM - 9:00 AM	18980
	Sunday	Jul 7 - Sep 1	10:00 AM - 10:30 AM	18981
	Monday	Jul 8 - Aug 26	10:15 AM - 10:45 AM	18972
	Monday	Jul 8 - Aug 26	10:45 AM - 11:15 AM	18973
	Monday	Jul 8 - Aug 26	6:00 PM - 6:30 PM	18974

Aqua Preschool 2, Ratio 1:6 3-5 years

Location: Atlas Tube Recreation Centre

Summer 2024	Wednesday	Jul 3 - Aug 28	10:15 AM - 10:45 AM	18982
	Thursday	Jul 4 - Aug 29	5:00 PM - 5:30 PM	18983
	Friday	Jul 5 - Aug 30	4:30 PM - 5:00 PM	18984
	Saturday	Jul 6 - Aug 31	10:00 AM - 10:30 AM	18985
	Sunday	Jul 7 - Sep 1	11:00 AM - 11:30 AM	18986

Aqua Preschool 3, Ratio 1:4 3-5 years

Location: Atlas Tube Recreation Centre

Summer 2024	Tuesday	Jul 2 - Aug 27	11:30 AM - 12:00 PM	18988
	Wednesday	Jul 3 - Aug 28	10:45 AM - 11:15 AM	18989
	Wednesday	Jul 3 - Aug 28	4:30 PM - 5:00 PM	18990
	Thursday	Jul 4 - Aug 29	6:15 PM - 6:45 PM	18991
	Friday	Jul 5 - Aug 30	10:15 AM - 10:45 AM	18992
	Friday	Jul 5 - Aug 30	5:00 PM - 5:30 PM	18993
	Saturday	Jul 6 - Aug 31	9:30 AM - 10:00 AM	18994
	Sunday	Jul 7 - Sep 1	10:00 AM - 10:30 AM	18995
	Sunday	Jul 7 - Sep 1	11:00 AM - 11:30 AM	18996
	Monday	Jul 8 - Aug 26	10:45 AM - 11:15 AM	18987

Aqua Preschool 3, Ratio 1:6 3-5 years

Location: Atlas Tube Recreation Centre

Summer 2024	Tuesday	Jul 2 - Aug 27	5:30 PM - 6:00 PM	18998
	Wednesday	Jul 3 - Aug 28	5:00 PM - 5:30 PM	18999
	Thursday	Jul 4 - Aug 29	5:30 PM - 6:00 PM	19000
	Sunday	Jul 7 - Sep 1	10:30 AM - 11:00 AM	19001
	Sunday	Jul 7 - Sep 1	11:45 AM - 12:15 PM	19002
	Monday	Jul 8 - Aug 26	6:30 PM - 7:00 PM	18997

Aqua Preschool 4/5, Ratio 1:4 3-5 years

Location: Atlas Tube Recreation Centre

Summer 2024	Tuesday	Jul 2 - Aug 27	11:00 AM - 11:30 AM	19005
	Friday	Jul 5 - Aug 30	4:30 PM - 5:00 PM	19006
	Monday	Jul 8 - Aug 26	10:45 AM - 11:15 AM	19003
	Monday	Jul 8 - Aug 26	5:00 PM - 5:30 PM	19004

Aqua Preschool 4/5, Ratio 1:6 3-5 years

Location: Atlas Tube Recreation Centre

Summer 2024	Wednesday	Jul 3 - Aug 28	6:00 PM - 6:30 PM	19007
	Friday	Jul 5 - Aug 30	10:15 AM - 10:45 AM	19008
	Saturday	Jul 6 - Aug 31	11:30 AM - 12:00 PM	19009
	Sunday	Jul 7 - Sep 1	12:00 PM - 12:30 PM	19010

Aqua Preschool Plus, Ratio 1:4 3-5 years

Has your child completed Preschool 5 but they aren't 5 years old yet? Preschool Plus participants will work on Swimmer 2 content and above! Get your child prepped for success in our swimmer levels with this program. Location: Atlas Tube Recreation Centre

Summer 2024	Wednesday	Jul 3 - Aug 28	6:15 PM - 6:45 PM	19011
	Sunday	Jul 7 - Sep 1	12:30 PM - 1:00 PM	19012

Youth Swimming Lessons

For program prices visit Lakeshore.ca/Recreation or call 519-728-2700

Summer Non-Aquatics Jul 8 to Sep 1 | Summer Aquatics Jul 2 to Sep 1

Swimmer 1 to 6 allows youth aged 5 to 12 the opportunity to work on beginner skills like breath control and water movement in lower levels. Once they have completed the advanced levels they will be able to perform excellent swimming strokes up to 100m. We stress lots of in water practice for each level.

Swimmer 1, Ratio 1:4 - 5-12 years

Location: Atlas Tube Recreation Centre

Summer 2024	Wednesday	Jul 3 - Aug 28	10:15 AM - 10:45 AM	19017
	Wednesday	Jul 3 - Aug 28	5:00 PM - 5:30 PM	19018
	Wednesday	Jul 3 - Aug 28	6:45 PM - 7:15 PM	19019
	Wednesday	Jul 3 - Aug 28	7:30 PM - 8:00 PM	19020
	Friday	Jul 5 - Aug 30	4:30 PM - 5:00 PM	19021
	Saturday	Jul 6 - Aug 31	12:30 PM - 1:00 PM	19022
	Sunday	Jul 7 - Sep 1	11:30 AM - 12:00 PM	19023
	Monday	Jul 8 - Aug 26	10:15 AM - 10:45 AM	19014
	Monday	Jul 8 - Aug 26	10:45 AM - 11:15 AM	19015
	Monday	Jul 8 - Aug 26	5:00 PM - 5:30 PM	19016

Swimmer 1, Ratio 1:6 - 5-12 years

Location: Atlas Tube Recreation Centre

Summer 2024	Tuesday	Jul 2 - Aug 27	10:30 AM - 11:00 AM	19025
	Tuesday	Jul 2 - Aug 27	5:30 PM - 6:00 PM	19026
	Thursday	Jul 4 - Aug 29	10:30 AM - 11:00 AM	19027
	Thursday	Jul 4 - Aug 29	4:30 PM - 5:00 PM	19028
	Friday	Jul 5 - Aug 30	11:00 AM - 11:30 AM	19029
	Saturday	Jul 6 - Aug 31	10:00 AM - 10:30 AM	19030
	Saturday	Jul 6 - Aug 31	11:30 AM - 12:00 PM	19031
	Sunday	Jul 7 - Sep 1	10:30 AM - 11:00 AM	19032
	Sunday	Jul 7 - Sep 1	12:00 PM - 12:30 PM	19033
	Monday	Jul 8 - Aug 26	5:30 PM - 6:00 PM	19024

Swimmer 2, Ratio 1:4 - 5-12 years

Location: Atlas Tube Recreation Centre

Summer 2024	Tuesday	Jul 2 - Aug 27	4:30 PM - 5:00 PM	19035
	Wednesday	Jul 3 - Aug 28	4:30 PM - 5:00 PM	19036
	Wednesday	Jul 3 - Aug 28	5:30 PM - 6:00 PM	19037
	Wednesday	Jul 3 - Aug 28	7:00 PM - 7:30 PM	19038
	Friday	Jul 5 - Aug 30	11:30 AM - 12:00 PM	19039
	Friday	Jul 5 - Aug 30	5:15 PM - 5:45 PM	19040
	Sunday	Jul 7 - Sep 1	8:30 AM - 9:00 AM	19041
	Sunday	Jul 7 - Sep 1	12:30 PM - 1:00 PM	19049
	Monday	Jul 8 - Aug 26	5:30 PM - 6:00 PM	19034

Swimmer 2, Ratio 1:6 - 5-12 years

Location: Atlas Tube Recreation Centre

Summer 2024	Tuesday	Jul 2 - Aug 27	11:30 AM - 12:00 PM	19042
	Tuesday	Jul 2 - Aug 27	5:00 PM - 5:30 PM	19043
	Thursday	Jul 4 - Aug 29	11:30 AM - 12:00 PM	19044
	Thursday	Jul 4 - Aug 29	5:30 PM - 6:00 PM	19045
	Thursday	Jul 4 - Aug 29	6:30 PM - 7:00 PM	19046
	Saturday	Jul 6 - Aug 31	11:00 AM - 11:30 AM	19047
	Sunday	Jul 7 - Sep 1	9:30 AM - 10:00 AM	19048

Swimmer 3, Ratio 1:4 - 5-12 years

Location: Atlas Tube Recreation Centre

Summer 2024	Tuesday	Jul 2 - Aug 27	5:15 PM - 6:00 PM	19052
	Wednesday	Jul 3 - Aug 28	5:30 PM - 6:15 PM	19053
	Thursday	Jul 4 - Aug 29	4:30 PM - 5:15 PM	19054
	Friday	Jul 5 - Aug 30	4:30 PM - 5:15 PM	19055
	Saturday	Jul 6 - Aug 31	10:45 AM - 11:30 AM	19056
	Monday	Jul 8 - Aug 26	11:15 AM - 12:00 PM	19050
	Monday	Jul 8 - Aug 26	6:00 PM - 6:45 PM	19051

Swimmer 3, Ratio 1:6 - 5-12 years

Location: Atlas Tube Recreation Centre

Summer 2024	Tuesday	Jul 2 - Aug 27	10:30 AM - 11:15 AM	19057
	Tuesday	Jul 2 - Aug 27	6:15 PM - 7:00 PM	19058
	Thursday	Jul 4 - Aug 29	10:30 AM - 11:15 AM	19060
	Thursday	Jul 4 - Aug 29	6:00 PM - 6:45 PM	19059
	Sunday	Jul 7 - Sep 1	10:15 AM - 11:00 AM	19061

Swimmer 4, Ratio 1:4 - 5-12 years

Location: Atlas Tube Recreation Centre

Summer 2024	Tuesday	Jul 2 - Aug 27	10:45 AM - 11:30 AM	19063
	Tuesday	Jul 2 - Aug 27	6:45 PM - 7:30 PM	19064
	Wednesday	Jul 3 - Aug 28	11:15 AM - 12:00 PM	19065
	Thursday	Jul 4 - Aug 29	5:30 PM - 6:15 PM	19066
	Sunday	Jul 7 - Sep 1	11:00 AM - 11:45 AM	19067
	Monday	Jul 8 - Aug 26	6:30 PM - 7:15 PM	19062

Swimmer 4, Ratio 1:8 - 5-12 years

Location: Atlas Tube Recreation Centre

Summer 2024	Tuesday	Jul 2 - Aug 27	5:30 PM - 6:15 PM	19069
	Monday	Jul 8 - Aug 26	11:15 AM - 12:00 PM	19068

Swimmer 5, Ratio 1:4 - 5-12 years

Location: Atlas Tube Recreation Centre

Summer 2024	Tuesday	Jul 2 - Aug 27	6:00 PM - 6:45 PM	19070
	Wednesday	Jul 3 - Aug 28	6:00 PM - 6:45 PM	19071
	Wednesday	Jul 3 - Aug 28	7:15 PM - 8:00 PM	19072
	Friday	Jul 5 - Aug 30	5:15 PM - 6:00 PM	19073
	Saturday	Jul 6 - Aug 31	10:00 AM - 10:45 AM	19074
	Sunday	Jul 7 - Sep 1	9:00 AM - 9:45 AM	19075

Swimmer 5, Ratio 1:10 - 5-12 years

Location: Atlas Tube Recreation Centre

Summer 2024	Monday	Jul 8 - Aug 26	7:15 PM - 8:00 PM	19076
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Local Postal Code Changes

Canada Post has initiated changes to postal codes affecting Lakeshore residents and municipal facilities.

Lakeshore has amended the records of property tax and water account holders. These changes will be in effect for May/June water bills and final property tax bills. **No further action is required by water and property account holders.**



For more information scan the QR code or visit Lakeshore.ca/PostalCodes

Swimmer 6, Ratio 1:4 - 5-12 years

Location: Atlas Tube Recreation Centre

Summer 2024	Tuesday	Jul 2 - Aug 27	11:15 AM - 12:00 PM	19077
	Thursday	Jul 4 - Aug 29	11:15 AM - 12:00 PM	19078
	Thursday	Jul 4 - Aug 29	6:45 PM - 7:30 PM	19079
	Friday	Jul 5 - Aug 30	4:30 PM - 5:15 PM	19080

Swimmer 6, Ratio 1:10 - 5-12 years

Location: Atlas Tube Recreation Centre

Summer 2024	Tuesday	Jul 2 - Aug 27	4:30 PM - 5:15 PM	19081
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Canadian Swim Patrol (CSP)

Canadian Swim Patrol is the continuation of the Lifesaving Society's Swim for Life program. CSP has 3 levels: Rookie (7), Ranger (8) and Star (9). Swimmers will begin to learn self rescue techniques and the rescue of others while continuing to focus on endurance in the water.

Swimmer 7/8, Ratio 1:4 - 5-12 years

Location: Atlas Tube Recreation Centre

Summer 2024	Wednesday	Jul 3 - Aug 28	11:15 AM - 12:00 PM	19082
	Sunday	Jul 7 - Sep 1	11:00 AM - 11:45 AM	19083

Swimmer 7/8, Ratio 1:10 - 5-12 years

Location: Atlas Tube Recreation Centre

Summer 2024	Thursday	Jul 4 - Aug 29	6:45 PM - 7:30 PM	19085
	Monday	Jul 8 - Aug 26	7:15 PM - 8:00 PM	19084

Swimmer 9, Ratio 1:10 - 5-12 years

Location: Atlas Tube Recreation Centre

Summer 2024	Thursday	Jul 4 - Aug 29	6:15 PM - 7:00 PM	19086
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Adult Swimming Lessons

For program prices visit Lakeshore.ca/Recreation or call 519-728-2700
Summer Non-Aquatics Jul 8 to Sep 1 | Summer Aquatics Jul 2 to Sep 1

Adult 1, Ratio 1:8 - 13 years +

Adult 1 is for beginner swimmers over the age of 13 years who want to learn the basic principles of swimming. Participants in this program will work on breath control, floating and short distance swimming on their own. **Location: Atlas Tube Recreation Centre**

Summer 2024	Monday	Jul 8 - Aug 26	7:30 PM - 8:00 PM	19087
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Adult 2, Ratio 1:8 - 13 years +

Adult 2 is for participants 13 years and older who want to continue to develop their front and back crawl strokes and enhance their endurance in the water. Candidates must have completed Adult 1 in order to enroll. **Location: Atlas Tube Recreation Centre**

Summer 2024	Friday	Jul 5 - Aug 30	5:30 PM - 6:00 PM	19088
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Aquatic Leadership Training

Bronze Star - 8 years +

This course is for candidates 8-12 years old that want to start their lifeguard training early. Participants will develop problem-solving and decision-making skills individually and in partners. This course includes certification in Basic First Aid and CPR-A. Recommended completion of Canadian Swim Patrol levels. **This course requires 100% attendance. Location: Atlas Tube Recreation Centre**

Summer 2024	Tuesday	Jul 2 - Aug 27	6:00 PM - 7:30 PM	19094
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Bronze Medallion - 13 years +

This course is the first step in the Lifesaving Society's leadership program. Program includes a mix of classroom and pool learning. Upon successful completion candidates will also be certified in Emergency First Aid and CPR-B. **This course requires 100% attendance.** Candidates must be 13 years old or hold a current Bronze Star certification. **Location: Atlas Tube Recreation Centre**

Summer 2024	Tues, Wed, & Thurs	Jul 2 - Jul 4	1:00 PM - 8:30 PM	19095
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Bronze Cross - 13 years +

This course is the second step in the Lifesaving Society's leadership program. Participants learn the difference between lifesaving and lifeguarding, how to deal with emergency situations and how to work effectively as a team. Candidates must have completed Bronze Medallion and Emergency First Aid. **This course requires 100% attendance. Location: Atlas Tube Recreation Centre**

Summer 2024	Tues, Wed, & Thurs	Aug 27 - Aug 29	1:00 PM - 8:30 PM	19096
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Assistant Instructor - 14 years +

This course is the first step to becoming a Swim Instructor. Through classroom learning and in-water practice candidates learn the roles and responsibilities of instructors and their assistants. Must have completed Bronze Cross and be 14 years old to enroll. **This course requires 100% attendance.** This course is recommended but not required. **Location: Atlas Tube Recreation Centre**

Summer 2024	Tues, Wed, & Thurs	Aug 20 - Aug 22	2:00 PM - 8:30 PM	19097
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National Lifeguard with SFA - 15 years +

This certification allows candidates to work as a lifeguard at a pool. Course includes Standard First Aid certification. Teamwork, leadership, communication and a high level of physical fitness will be necessary for successful completion. Must have completed Bronze Cross, Standard First Aid and be 15 years of age by the exam date. **This course requires 100% attendance. Location: Atlas Tube Recreation Centre**

Summer 2024	Tues, Wed, & Thurs	July 16 - July 25	11:30 AM - 8:30 PM	19099
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LSS/Swim/EFA Instructors - 15 years +

The Lifesaving Society Swim Instructor & Lifesaving Instructor course prepares candidates to teach and evaluate basic swim strokes and related skills of the Swim for Life program. Candidates are also certified to teach and evaluate (some items) of the Lifesaving programs. Must have completed Bronze Cross, Assistant Instructors (recommended) and be 15 years old by the last day of class. **This course requires 100% attendance. Location: Atlas Tube Recreation Centre**

Summer 2024	Tues, Wed, & Thurs	Jul 30 - Aug 8	1:00 PM - 8:30 PM	19098
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Lakeshore Picnic Shelters Rentals

Lakeshore has 40 parks and parkettes for you to enjoy. Some parks feature public picnic shelters that can be rented for special occasions. A full listing of each park, location, amenities, and photos can be found by scanning the QR code or visiting [Facilities.Lakeshore.ca](https://www.lakeshore.ca/Facilities)



Please contact Lakeshore Recreation at **519-728-2700** for all rental inquiries.

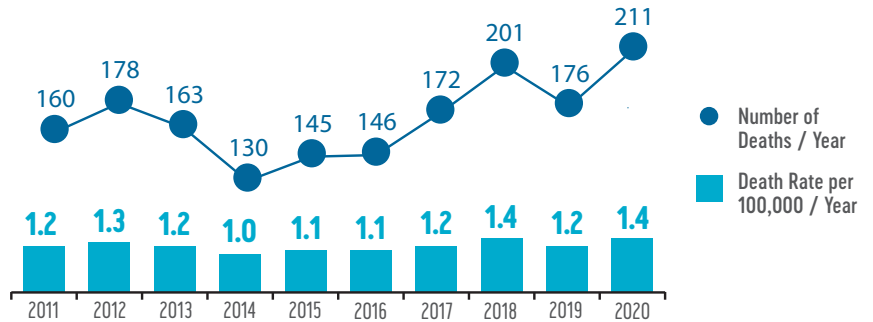


DROWNING Report

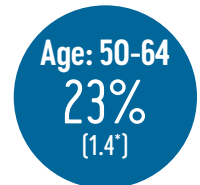
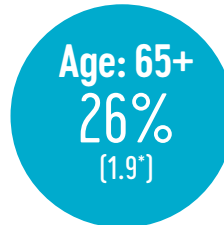
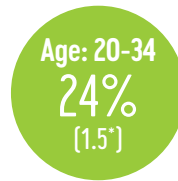
Prepared for the Lifesaving Society by the Drowning Prevention Research Centre Canada

This infographic summarizes the most recent data on water-related fatalities available from the Office of the Chief Coroner for Ontario. With the exception of the first chart, all data refers to the most current five-year period, 2016-2020.

ONTARIO WATER-RELATED FATALITIES AND DEATH RATES, 2011-2020

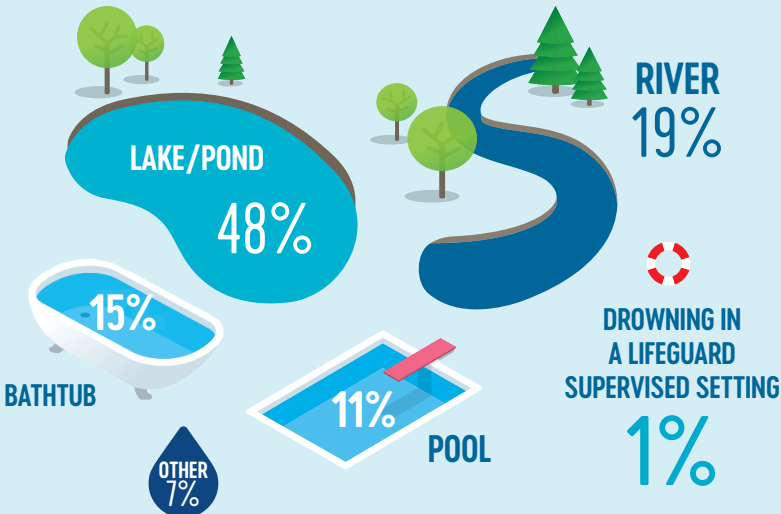


WHO IS DROWNING?

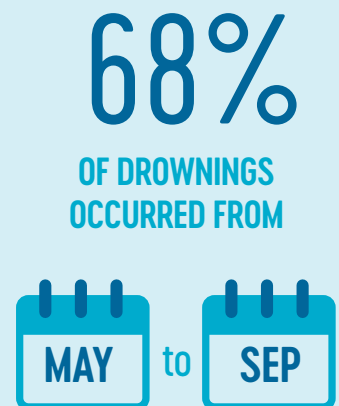


* Death Rate per 100,000 / Year

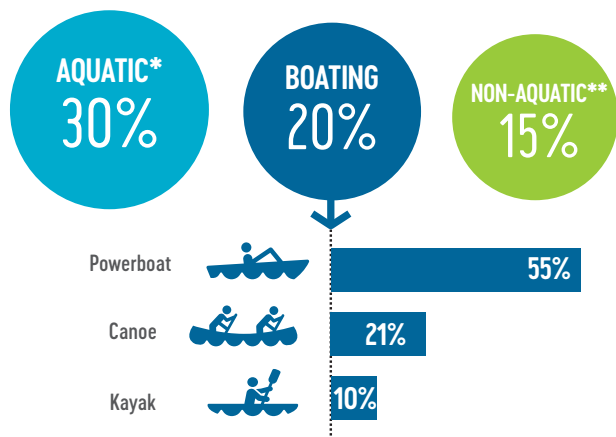
WHERE?



WHEN?

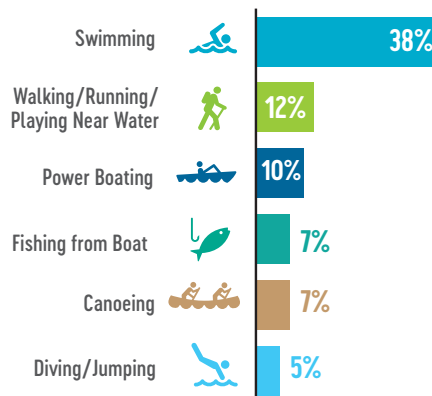


? WHAT WERE THEY DOING?



* The person intended to be in the water (e.g. swimming/wading)
 ** Unintentional fall into water (e.g. walking/biking/working near water and fell in)

WATER-RELATED FATALITIES BY MOST COMMON RECREATIONAL ACTIVITY



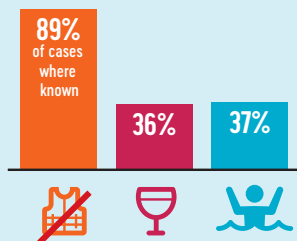
! WHY? RISK FACTORS

CHILDREN AGE: <5

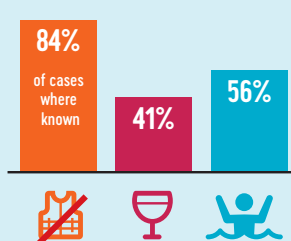


97%
Supervision Absent or Distracted

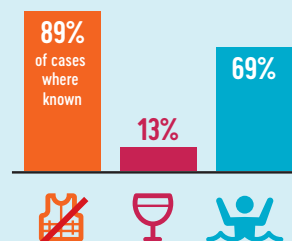
YOUNG ADULTS AGE: 15-34



MIDDLE-AGED ADULTS AGE: 35-64

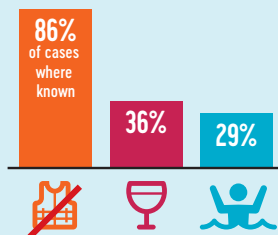


OLDER ADULTS AGE: 65+

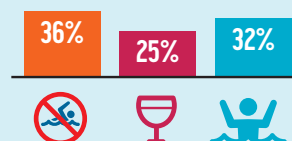


- Not Wearing a PFD
- Alcohol Consumption
- Alone
- Weak or Non-Swimmer

BOATING



SWIMMING



METHODS:

Water-related death data is extracted from the office of the Chief Coroner or Medical Examiner for each province and territory. Data is collected for all deaths resulting from incidents "in, on or near" water. "Near water" incidents were included if the intent was closely related to water-based recreational, vocational or daily living activity. The data includes only unintentional deaths, not deaths due to natural causes, suicide, or homicide.

ACKNOWLEDGEMENTS:

We gratefully acknowledge the support, co-operation and efforts of:

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CONTACT US:

The Drowning Prevention Research Centre is the lead agency for drowning and water-incident research in Canada.
 Tel: 416-490-8844, Email: experts@drowningresearch.ca

Lifesaving Society Ontario
 Tel: 416-490-8844, Email: experts@lifeguarding.com
 www.lifesavingsociety.com

Want to Become a Lifeguard?

Here Are
The Steps

**Bronze
Medallion**

Step 1

Step 2

**Bronze
Cross**

**Swim
Lifesaving
Instructor**

Step 4/5
(Interchangeable)

**National
Lifeguard
Pool**

Step 3

**Assistant
Instructor**
(Recommended)

